VU23214- Captain Topper Wines User's Manual



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Introduction:

This guide will teach you how to use VMware Workstation to install, update, and setup Windows 10 on a virtual computer. In addition, we will walk you through configuring KeePass to manage passwords and using an application firewall to improve system security. This book is meant to make the process simple and understandable, with step-by-step directions and helpful photographs at key points, so you can easily set up a safe and useful virtual environment for your requirements. Upon completion, you will possess a virtualized Windows 10 computer that is properly setup and equipped with necessary security tools, all set to be utilized on a new virtual machine.

Because this is on Active Directory (AD) you will have to use the AD administrator account below,

Login Name: CTW\Administrator

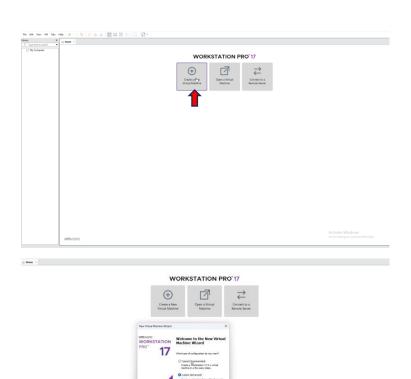
Password: Pa\$\$word!1

Setup of a Virtual guest in Vmware Workstation:

Select "Create a New Virtual Machine": Click the "Create a New Virtual Machine" option on the main screen or navigate to File > New Virtual Machine.

Choose Configuration Type: Select "Typical (recommended)" or "Custom". Typically, "Typical" is suitable for most use cases.

- Typical: For a straightforward setup.
- Custom: Allows more control over hardware configuration (advanced users).



Installation Media: Choose how to install the operating system:

- Installer Disc: Insert the OS installation CD/DVD into your CD/DVD drive.
- ISO Image File: If you have an ISO image, choose "Installer disc image file (iso)" and browse to the location of the ISO.
- I Will Install the Operating System Later: Allows you to create a virtual machine without starting the installation right away.

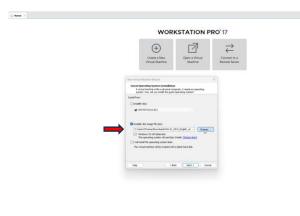
We will use the install disk image.

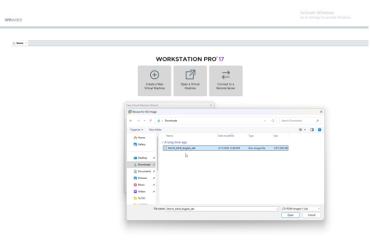
- Browse for ISO: Click Browse to locate your Windows 10 ISO file on your computer.
- Click on Open.

Select you ISO file that you want to use and click open.

Next: Click Next to proceed.

Enter the relevant Information and click next. (you don't need to enter a product key yet, you can if you want to)





New Virtual Machine Wizard Guest Operating System Installation A virtual machine is like a physical computer; it needs an operating system. How will you install the guest operating system? O Installer disc: DVD RW Drive (D:) O Installer disc image file (iso): C:\Users\Thomas\Downloads\Win10_22H2_English_x6 \to Browse... This operating system will use Easy Install. (What's this?) \bigcirc I will install the operating system later The virtual machine will be created with a blank hard disk Help New Virtual Machine Wizard Easy Install Information This is used to install Windows 10 x64. Windows product key Personalize Windows Full name: Password: (optional) ****** Log on automatically (requires a password)

< Back Next > Cancel

- New Virtual Machine Wizard Name the Virtual Machine What name would you like to use for this virtual machine? Virtual machine name: Location: Virtual Machine Name: Provide a name for your virtual C:\Users\Thomas\Documents\Virtual Machines\Windows 10 x64 Browse... machine, e.g., Windows 10. The default location can be changed at Edit > Preferences. Location: Choose a location to store the virtual machine files. Next: Click Next. New Virtual Machine Wizard Name the Virtual Machine What name would you like to use for this virtual machine? Virtual machine name: VU23214 Location: C:\Users\Thomas\Documents\Virtual Machines\VU23214 The default location can be changed at Edit > Preferences. Edit the virtual machine name. New Virtual Machine Wizard Name the Virtual Machine
 What name would you like to use for this virtual machine? VU23214 Location: C:\Users\Thomas\Documents\Virtual Machines\VU23214 The default location can be changed at Edit > Preferences. Click the browse button to select where to save you virtual machine.
- < Back Next > Cancel New Virtual Machine Wizard Name the Virtual Machine Browse For Folder × Virtual Machine Location VU232 > PDVD RW Drive (D:) Location T7 Shield (E:) C:\Use > 1b ISO The defa > Documents Browse to the folder where you want the virtual machine to go to. > Downloaded Programs > 🚞 Master-Images > 🚞 Recordings to look at > Virtual Machines
 Network Folder: T7 Shield (E:) Make New Folder

Next >

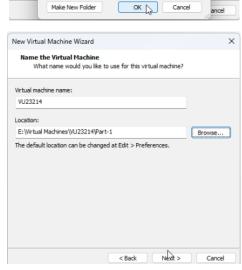
< Back Next > Cancel

Browse.

New Virtual Machine Wizard Name the Virtual Machine X Browse For Folder Virtual Machine Location Virtual m VU232 Virtual Machines 564d892e-2baa-8aab-9a5e-7e513144 C:\Use Kali=Purple The defa Click make new folder parrot parrot-vm pen-test share Splunk Virtual Machines Make New Folder Cancel New Virtual Machine Wizard Name the Virtual Machine Browse For Folder × Virtual Machine Location Virtual m VU232: Virtual Machines Location 564d892e-2baa-8aab-9a5e-7e513144 C:\Use Kali=Purple VU23214 Name the folder parrot parrot-vm > 🚞 pen-test === share > 🚞 Splunk New folder Make New Folder Cancel New Virtual Machine Wizard

× Virtual Machine Location Virtual m VI.1232 564d892e-2baa-8aab-9a5e-7e513144 Location Kali=Purple C:\Use parrot The defa You can make a sub folder and name it then click the ok Button. parrot-vm pen-test share Splunk VU23214 Part-1 Folder: Make New Folder Cancel

Location: You have now name and selected where the virtual machine will be saved, click next to proceed.



Name the Virtual Machine

Browse For Folder

- Maximum Disk Size: Set the virtual disk size, such as 60 GB.
 Ensure this size is enough to accommodate Windows 10.
- Disk Storage Option:
 - Store virtual disk as a single file: Useful for slightly faster performance.
 - Split virtual disk into multiple files: Better for moving the VM to different storage.

(personal preference here)

Next: Click Next.

- Customize Hardware: Click Customize Hardware to adjust VM settings:
- Memory (RAM): Allocate at least 4 GB (4096 MB) for smooth performance.
- Processors: Assign at least 2 processor cores.
- Network Adapter: Leave as NAT or choose another option depending on your needs.
- Finish Setup: Click Finish after making any changes.

(Select power on to automatically start the virtual machine for installation)

Vmware will now setup your virtual machine on the host computer

New Virtual Machine Wizard

Specify Disk Capacity

How large do you want this disk to be?

The virtual machine's hard disk is stored as one or more files on the host computer's physical disk. These file(s) start small and become larger as you add applications, files, and data to your virtual machine.

Maximum disk size (GB):

Soot

Store virtual disk is as a single file

Splitt virtual disk into multiple files

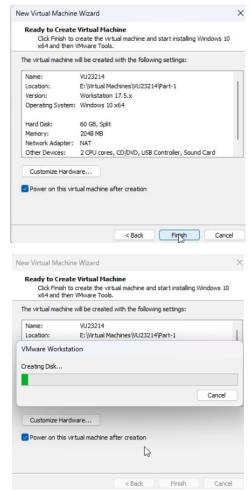
Splitting the disk makes it easier to move the virtual machine to another computer but may reduce performance with very large disks.

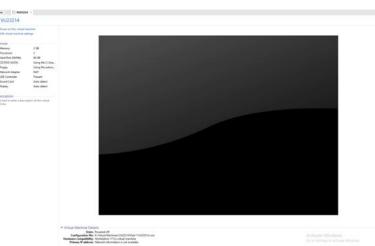
Help

Kancel

Aback

Next > Cancel





When the virtual machine setup is done you will see this on your screen.

Installing Windows 10 on the Virtual Guest:

Power On: Click "Power on this virtual machine" to start the VM.

(if you selected start virtual machine in the previous setup,

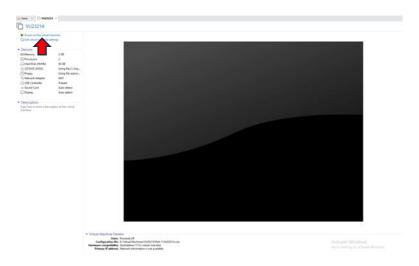
it will power on by itself)

The virtual machine will start up.

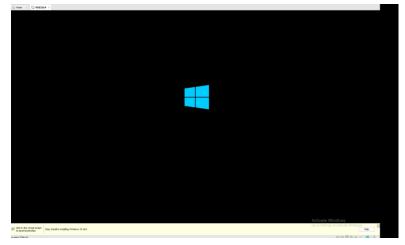
Wait for Installation: Windows will copy files and install. This process may take some time.

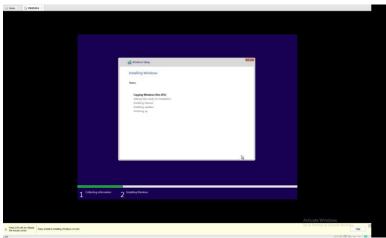
(This may take some time to complete so go get a coffee)

Installer coping files to the virtual machine.







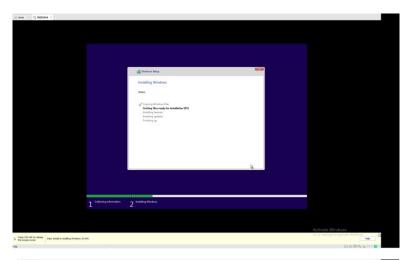


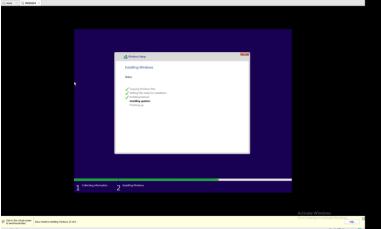
Preparing files can take a while.

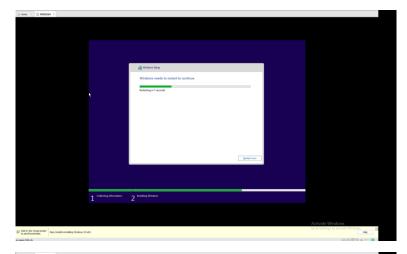
The installer will also check for updates.

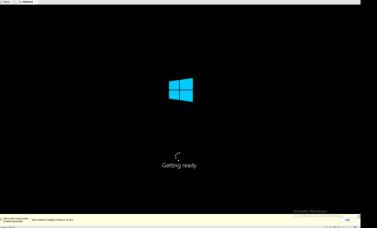
When the installer is finished it will do a restart of the virtual machine.

After the reboot windows will start the configuration settings. (Windows will restart after this)







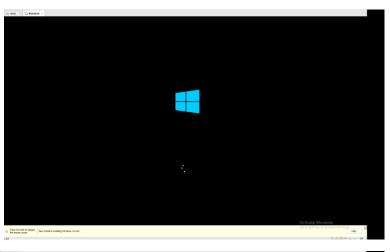


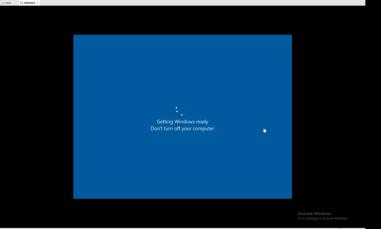
When the virtual machine restarts it may take some time to boot up. (It is finalising the settings)

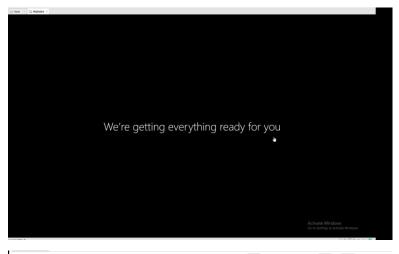
Windows will then apply the updates it downloaded. (The virtual machine will restart after this)

Windows will now setup the virtual machine for you to use.

To expand the screen to full screen, click the box with the two arrows.









It will then fill up the screen area.

This might take several minutes

Don't turn off your PC

Actual Windows
Gis Jange to a Class Windows

Once it has finished the above stage of the installation the virtual machine will restart.



After the reboot your virtual machine is now finished installing windows 10.



Press the spacebar key on the screen to get the login screen, and login.



You may be required to allow your network, click yes.

Networks

□ Network

□ Network

□ Network

□ Network

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□ Network

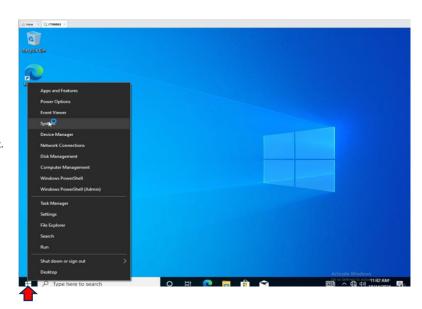
□ Notwork



The installation of windows is now completed.

Setting up Computer Name Windows 10:

Right click on the window's icon, the go to system and click it.



About Your PC is monitored and protected. Device specifications Device name DESKTOP-G62MRDJ 4® Sound Intel(R) Core(TM) i3-4160 CPU @ 3.60GHz 3.59 GHz (2 processors)
 Installed RAM
 4.00 G8

 Device ID
 144E45AF-ACAC-45EF-8598-A09985922827

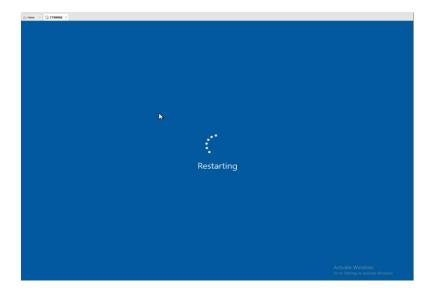
 Product ID
 00328-00000-00000-AA246
 → Focus assist System type 64-bit operating system, x64-based processor
Pen and touch No pen or touch input is available for this display Сору Tablet Rename this PC Windows specifications Projecting to this PC O # P = # C #

Click on the Rename this PC button.

In this dialog box enter the name you want for this PC. Then click the next Button.

Your PC is monitored and protected. The PC will then require a restart so click the restart now button. D Сору ☐ Tablet Rename this PC Windows specifications Projecting to this PC

About Your PC is monitored and protected. □ N (') ☐ Tablet Rename this PC ☐ Multitasking Windows specifications Type here to search o # 🥷 🔚 館 숙 🌣 About Type here to search O 計 🙋 🚃 🟦 < 🜣 🛗 🐧 objections to active this ASP AMP Windows will the restart to apply the new PC name.



When the PC has rebooted and you have logged back in, Right click on the window's icon, the go to system and click it.

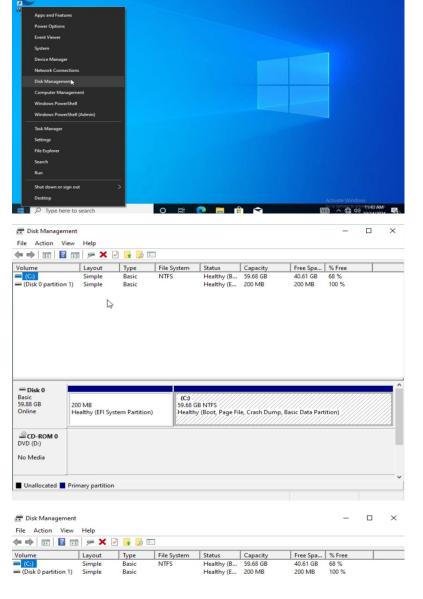
> About **公** Home Your PC is monitored and protected. See details in Windows Security Device specifications □ Display Device name CT00002 Intel(R) Core(TM) i3-4160 CPU @ 3.60GHz 3.59 GHz (2 processors) Processor Notifications & actions Installed RAM 4.00 GB Device ID 144E45AF-ACAC-45EF-8598-A09985922827 Focus assist 00328-00000-00000-AA246 Product ID 64-bit operating system, x64-based processor System type (Power & sleep No pen or touch input is available for this display Pen and touch □ Storage Сору ☐ Tablet Rename this PC Ħ Multitasking Windows specifications Projecting to this PC Windows 10 Education

You can now see the PC name has been changed to CT00002.

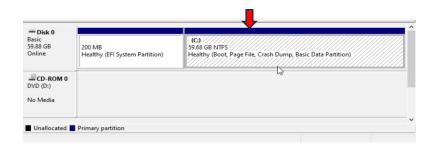
Change Disk Partion Size on Windows 10:

Right click on the window's icon, the go to Disk Management and click it. $\label{eq:click} % \begin{center} \$

This will show you the disk's that are in the PC.



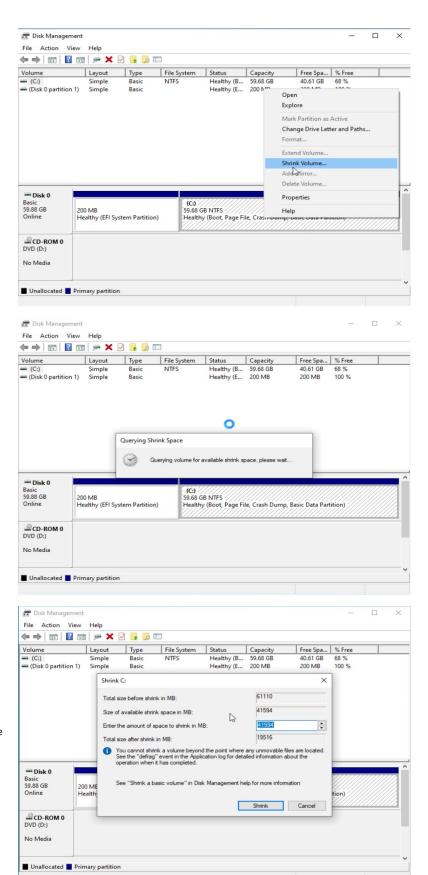
Select the partion you want to change.



Right click the partion and select the shrink volume.

Windows will now query the drive to get the relevant information.

This dialog box will show the drive information, as in total drive size, size available that you can shrink and enter amount is where you set what size you want to shrink the drive by.

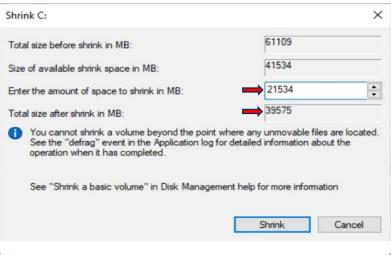


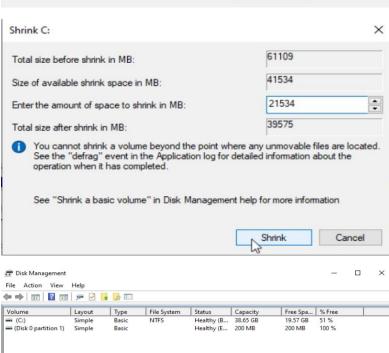
We want to shrink the main drive by 20GB so we enter 21534 in the amount box.

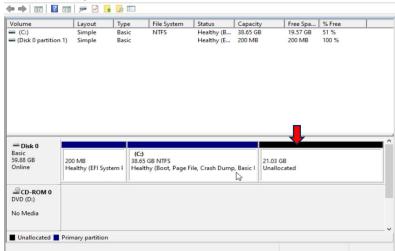
As you can see the total box now shows 39575 this is the size the main drive will become.

Now click on the shrink button. (Windows will start shrinking the drive)

When Windows has completed this task, you will see the new drive. (the drive is unallocated we have to initializes and format it)







Select and right click the new drive and select New Simple Volume.

File Action View Help

Volume Layout Type File System Status Capacity Free Spa... % Free

(C.) Simple Basic NTFS Healthy (B... 38.65 GB 19.57 GB 51 % Healthy (E... 200 MB 200 MB 100 %

Disk 0 partition 1) Simple Basic NTFS Healthy (E... 200 MB 200 MB 100 %

Disk 0 partition 1) Simple Basic NTFS Healthy (E... 200 MB 200 MB 100 %

CD-ROM 0 DVD (D:)

No Media

Primary partition

Wew Striped Volume... New Striped Volume... New Striped Volume... New Striped Volume... New RAID-5 Volume... New Properties

Help

Welcome to the New Simple Volume Wizard

This wizard helps you create a simple volume on a disk.

A simple volume can only be on a single disk.

To continue, click Next.

New Simple Volume Wizard

Specify Volume Size

Choose a volume size that is between the maximum and minimum sizes.

Maximum disk space in MB:

Minimum disk space in MB:

Simple volume size in MB:

Simple volume size in MB:

Cancel

This will start the New Simple Volume wizard, click next.

This step shows you the drive size, click next to proceed.

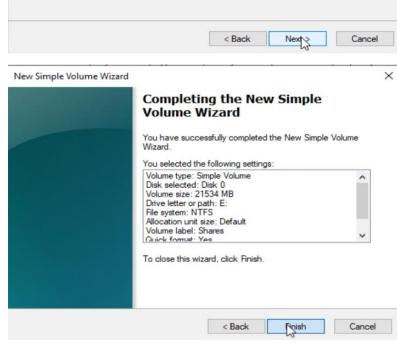
New Simple Volume Wizard				
Assign Drive Letter or Path				
For easier access, you can assig	n a drive letter or driv	e path to your p	artition.	
 Assign the following drive letter 		E		
Mount in the following empty		Browse		
		browse		
O Do not assign a drive letter or	drive path			
	< Bac	k Next	v	Cancel
	< Bac	k Next	2	Cancel
N 5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	< Bac	k Next	Z	Cancel
New Simple Volume Wizard	< Bac	k Next	2	Cancel
Format Partition		ok Next	3	Cancel
***************************************		ck Next	3	Cancel
Format Partition To store data on this partition, yo	ou must format it first.		7	
Format Partition	ou must format it first.		7	
Format Partition To store data on this partition, you Choose whether you want to form	ou must format it first.		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume	ou must format it first.		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the	ou must format it first. nat this volume, and i		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the	ou must format it first. mat this volume, and it e following settings:		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the File system: Allocation unit size:	ou must format it first. mat this volume, and it e following settings: NTFS Default		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the	ou must format it first. mat this volume, and it e following settings:		7	
To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the File system: Allocation unit size:	ou must format it first. nat this volume, and it e following settings: NTFS Default New Volume		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the File system: Allocation unit size: Volume label:	ou must format it first. mat this volume, and it e following settings: NTFS Default New Volume		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the File system: Allocation unit size: Volume label: Perform a quick form	ou must format it first. mat this volume, and it e following settings: NTFS Default New Volume		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the File system: Allocation unit size: Volume label: Perform a quick form	ou must format it first. mat this volume, and it e following settings: NTFS Default New Volume		7	
Format Partition To store data on this partition, you Choose whether you want to form Do not format this volume Format this volume with the File system: Allocation unit size: Volume label: Perform a quick form	ou must format it first. mat this volume, and it e following settings: NTFS Default New Volume	f so, what setting	gs you wa	

This is the review settings dialog box please check the changes to the drive and if you are satisfied with the setting click the finish button.

On this dialog box you can select a drive letter or leave it default, click next to proceed.

This is the drive formatting dialog box, in here you can set the drive size and name.

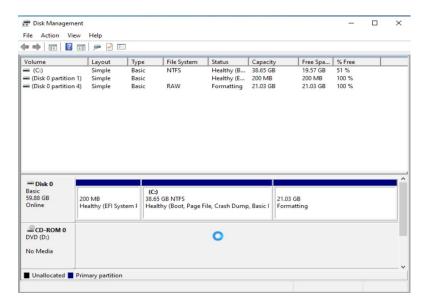
Make sure quick format is selected and click next

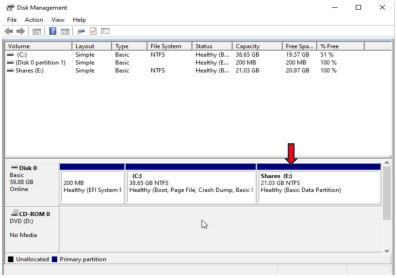


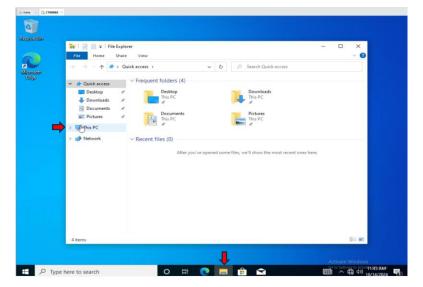
Windows will now apply the settings to the drive.

When the task is completed you should now see your new drive ready for usage. $\label{eq:complete}$

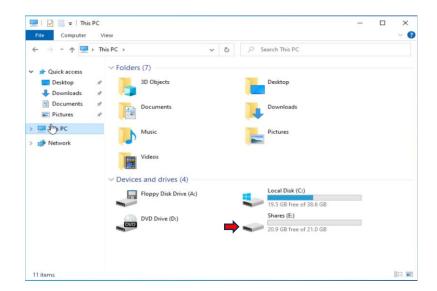
Open your file explorer and in it select the This PC on the left menu. $\label{eq:continuous}$







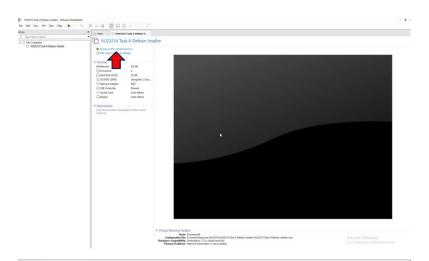
You can now see your new 20GB drive here



Installation of Debian:

Power On: Click "Power on this virtual machine" to start the VM. (if you selected start virtual machine in the previous setup, it will power on by itself)

The virtual machine will start up.

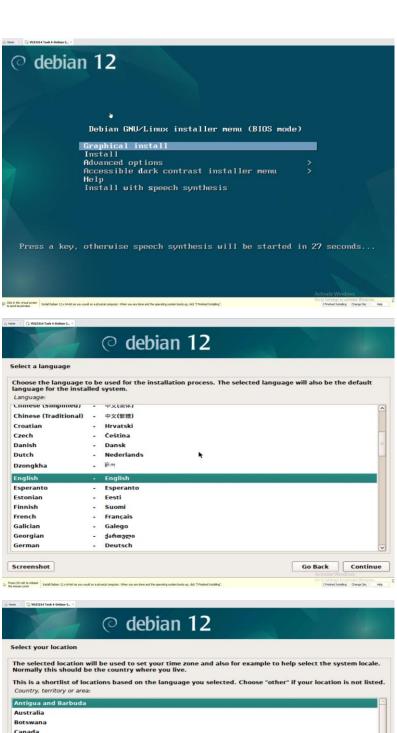


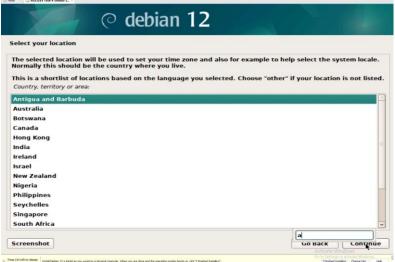


Wait for Installation: Debian will ask you what you want to do make your selection using the arrow keys then press enter.

Select your language and press the continue button.

Select your location and press the continue button.



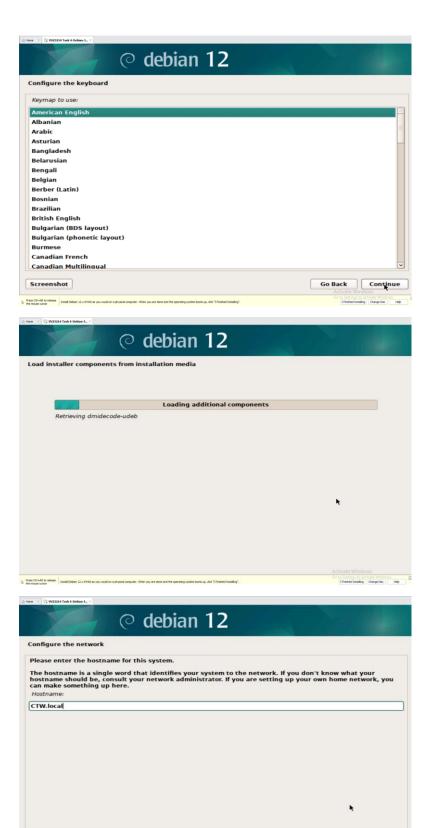


Select your keyboard layout and press the continue button.

When the installer starts it will load the basic system.

Set your hostname or domain name and press the continue button.

Screenshot

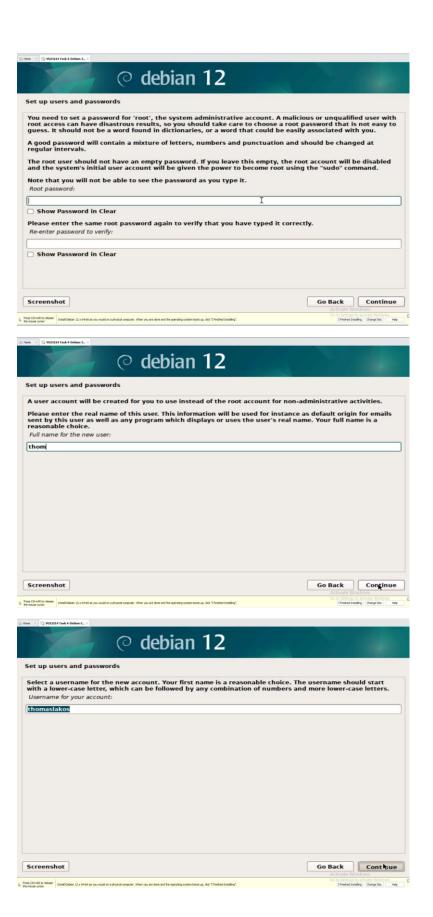


Go Back Continue

Set your root password and press the continue button.

Setup a user account and press the continue button.

Select a user account and press the continue button.



Set the user account password and press the continue button.

Select your state and press the continue button.

Now we partition the drive make your selection and then press the continue button.





Select your drive you want to partition.

Select how you want the directory setup then click the continue button.

This is the review screen where it shows you how it will setup the partition click the continue button.





This is the action screen to start the portioning of the drive if you leave it as default nothing will happen you must select yes the click the continue button.

Installing the base system.

This is where you setup the packet manager, if you do not have another cd or dvd leave no selected and click the continue button.



Go Back Continue

Select what country you want to get the apt repository from then click the continue button.

Configure the package manager The goal is to find a mirror of the Debian archive that is close to you on the network -- be aware that nearby countries, or even your own, may not be the best choice. Debian archive mirror country: enter information manually Argentina Armenia Australia Austria Belarus Belgium Brazil Bulgaria Cambodia Canada Chile China Costa Rica Croatia Go Back Continue Screenshot

⊘ debian 12

Select the address of which repository you want to use in the country you selected, then click the continue button.



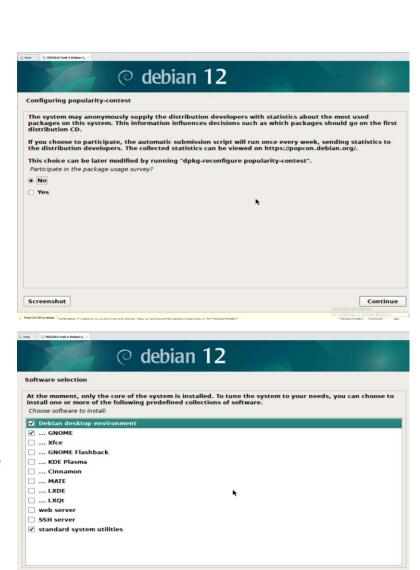
Set a proxy server if you use one if you don't use one leave blank, then click the continue button.



Information sending personal choice of yes or no make a selection and the click the continue button.

Additional software and desktop gui selection, most linux server require the ssh server so select it and the click the continue button.

This step it will ask if you want to install the grub boot loader select yes, the click the continue button.





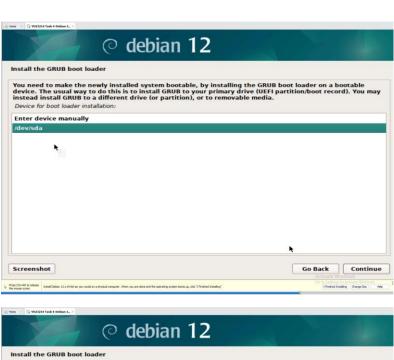
Continue

Screenshot

Select the drive you want the grub boot loader to point to when where it loads the operating system from, on this on we want it to point to the /dev/sda. Dev = device and sda is the drive. then click the continue button.

The grub bootloader is installing.

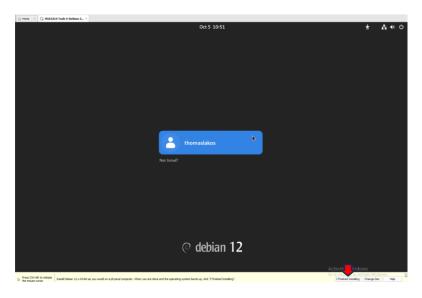
The installation is now completed when you click the continue button the server will reboot into the operating system/







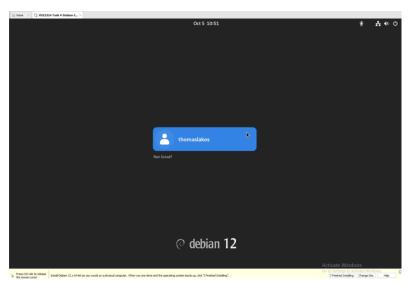
You are now ready to click on the username and enter the password to start using the system, please remember to click the I Finished Installing at the bottom right.

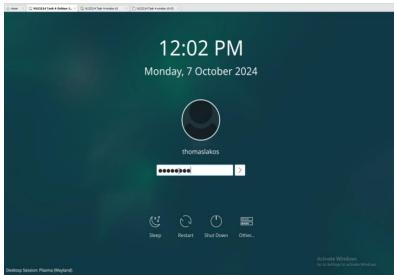


Debian Network testing:

You are now ready to click on the username and enter the password to start using the system, please login.

Enter your password and press enter.

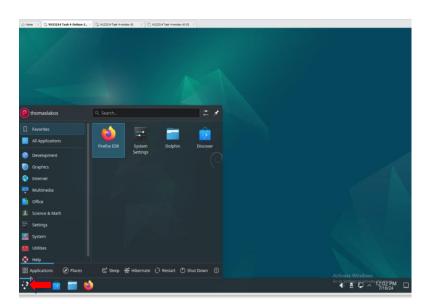


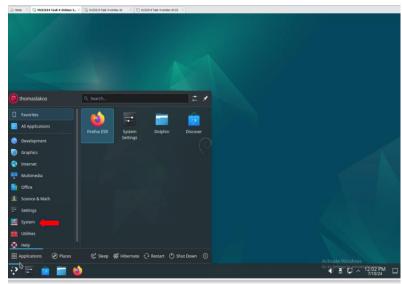


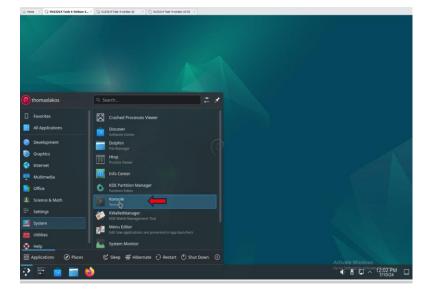
Click on the menu icon on the bottom left.

Then click on the system tab.

Then click on the Konsole terminal tab.







This will load the terminal box, the terminal box is like the command prompt box on windows.

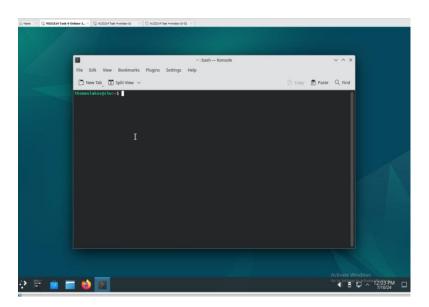
Any time you log into the server you should always check for updates, We do this by typing in the following command.

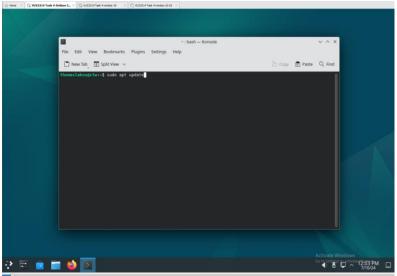
Sudo apt update

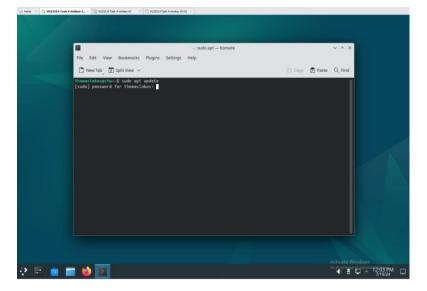
Here is the breakdown:

- Sudo- stands for "superuser do" and is a command in Linux and Unix-like operating systems that allows a permitted user to execute a command as the superuser (root) or another user, as specified in the system's security policy.
- 2. Apt- Advanced Package Tool is a package management system used by Debian-based Linux distributions.
- 3. Update-Is the command being used this command will:
- Connect to the repositories configured on your system.
- Download the latest information about available packages and updates.
- Refresh the local package index so your system knows which packages have updates available.

You will be asked for your password, type in your password and press enter.



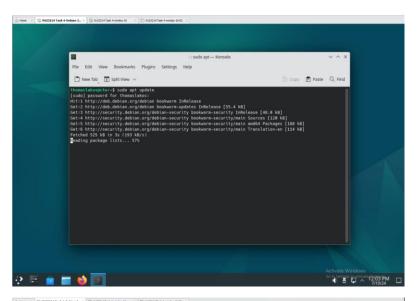


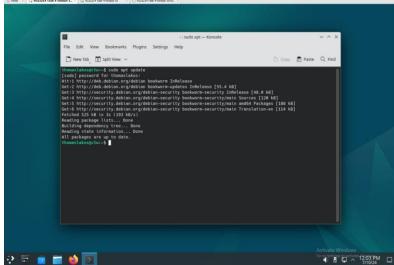


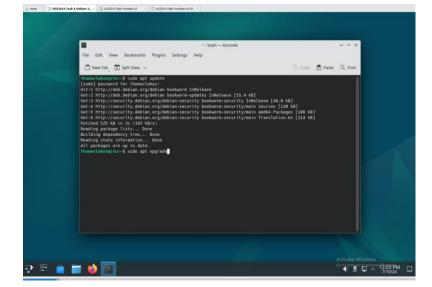
Once you have entered your password and click the enter key the command will be executed.

When the command has finished your prompt will show, so during some commands you will be asked if you want to proceed yes or no enter the y to proceed and click enter.

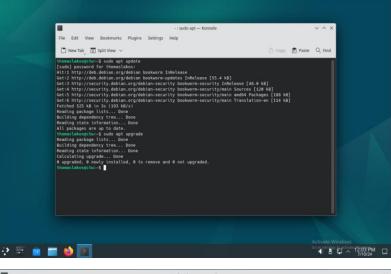
Now you should check for upgrades, We do this by typing in the following command. Sudo apt upgrade

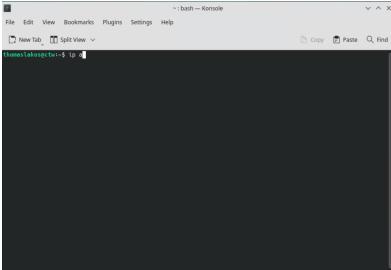


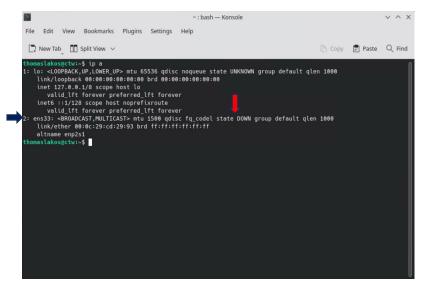




When the command has finished your prompt will show, so during some commands you will be asked if you want to proceed yes or no enter the y to proceed and click enter.







To check if you system has a IP assigned you go into terminal and type in ip a and press enter.

As you see the ens33 is your network card and it is currently down, Normally the state would be up. This is the network car ID.

This is the state of the network.

To bring the network up you will need to enter the following command.

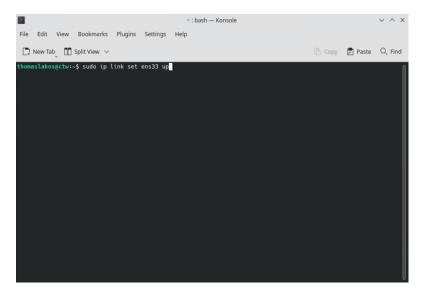
sudo ip link set ens33 up

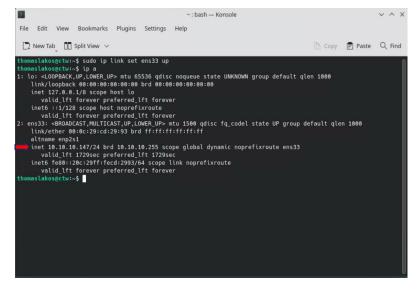
- **sudo**: Runs the command with superuser (root) privileges.
- **ip**: The ip command is part of the iproute2 package, and it's used to manage networking, routing, and devices in Linux.
- link: Specifies that you are going to work with network interfaces (or links).
- set: This keyword is used to modify or configure the state or properties of the specified network interface.
- ens33: This is the name of the network interface you want to configure.
- up: This tells the system to bring the specified interface

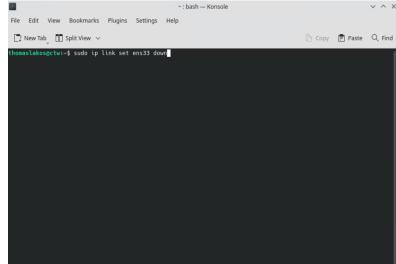
Now we have enabled the network car we type in ip a to get the system IP. As you can see the system now has an IP.

If you need to bring the network interface, down use the command sudo ip link set ens33 down

This will set the network card to a state of down.







To test the network connectivity, we use the ping command, to do this in we need to either get an IP address from another device on our network.

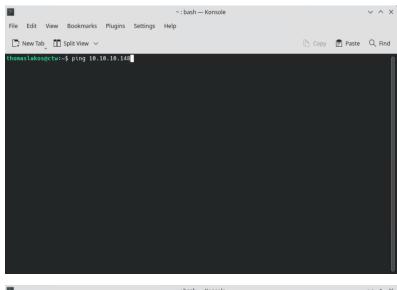
For this I will use 10.10.10.148 which in a windows 10 system on the network.

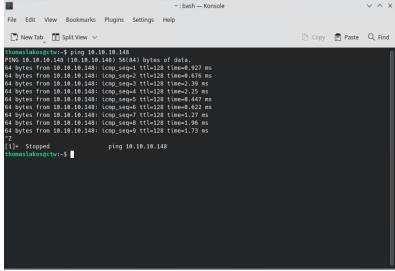
In the terminal box we type in: ping 10.10.10.148 and press enter.

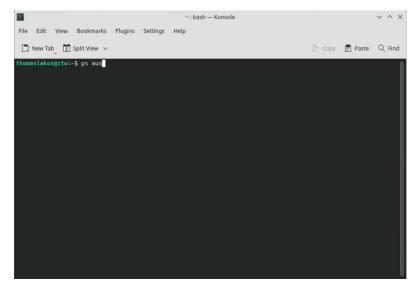
Once you have pressed enter if your system can ping that IP you will see a reply from the widows system. If you do not get a reply, you have network issues, contact technical support.

Unlike windows the only sends four requests linux will keep sending requests until you stop it to stop this press down your CTRL + Z keys.

Next we will check what processes are currently running on the Debian system. There are two ways to do this the first way is to use this command: ps aux press the enter key.



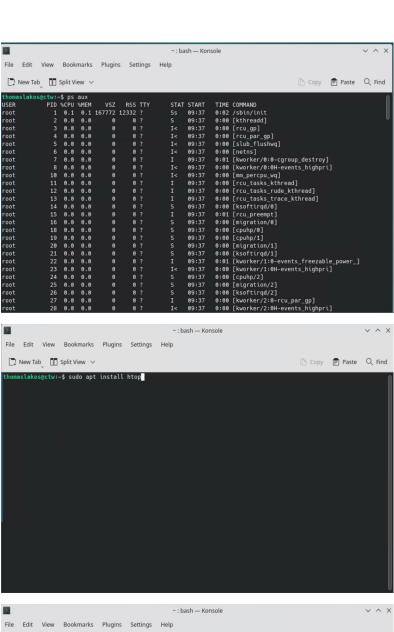


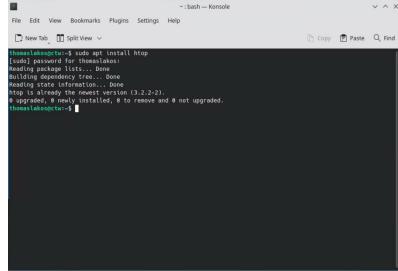


When you have run this command, you will see a list of the running process.

The second way is to install a package called htop. To do this enter the following command: sudo apt install htop

This should be the screen you see after the installation of htop.

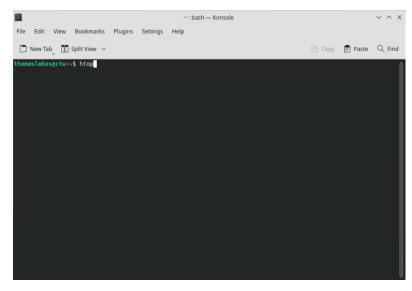


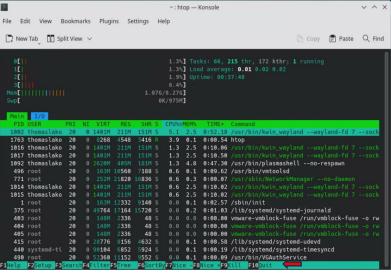


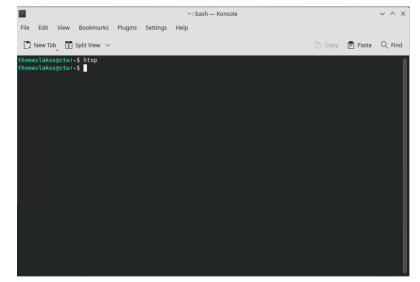
To run htop simply type in the following command: htop and then press the enter key.

This is a live view of the processors currently running on your system. Take note of the function command keys down the bottom. To close htop simply press the F10 key.

As you can see after pressing the F10 key the htop has closed down now you can close down the terminal box.







Keepass Installation and configuration:

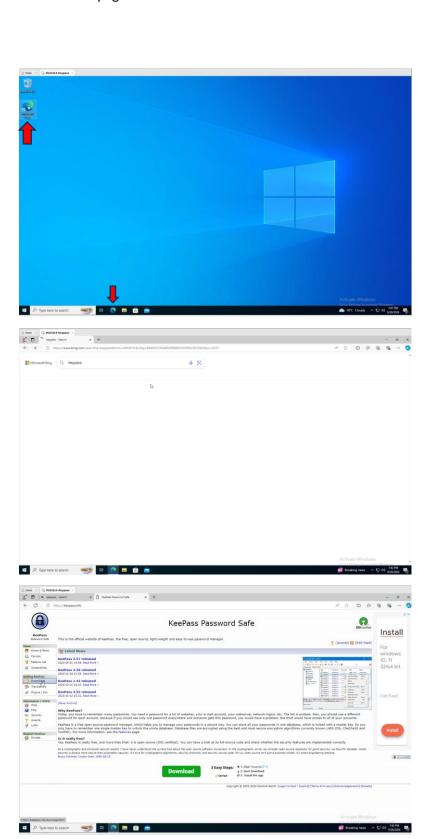
You need to memorize a lot of passwords these days. Numerous websites, e-mail accounts, web servers, network logins, and other accounts require passwords. There is an infinite list. Additionally, you should use a unique password for every account you have because if you use the same password everywhere and someone manages to figure out what it is, you may be in trouble because the thief would be able to access all of your accounts.

A free, open-source password organizer called KeePass aids in the safe management of your passwords. All of your passwords can be kept in one master key-locked database. Thus, to unlock the entire database, you only need to remember one master key. The finest and most secure encryption techniques available today are used to encrypt database files (AES-256, ChaCha20, and Twofish). See the features page for further details.

Open your web browser.

Do a search for keepass. (Or go to https://Keepass.info)

Click on the Downloads button.

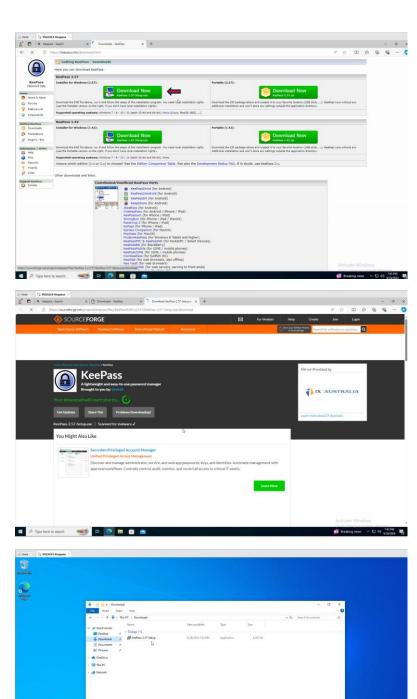


Click the download button for the portable or installer.
(We will use the installer)

This will send you to a secondary site were you will automatically download the software..

Open the file explorer and click on the downloads folder on the left side.

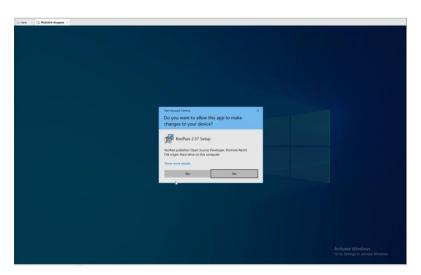
(Double left click the keepaas.exe)

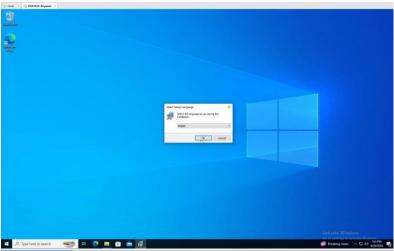


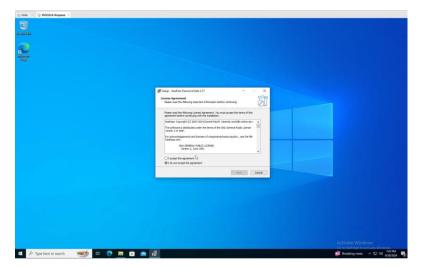
Click yes on the UAC box to allow the install.

Select your language and click ok to start the installation. $% \label{eq:control_start}$

Read the License agreement and select I accept, then click next. (If you do not accept it will not proceed any further)



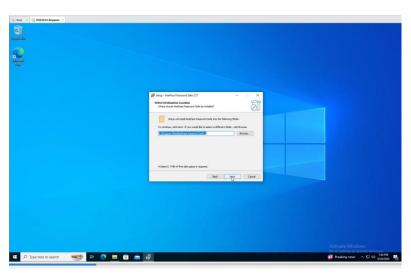


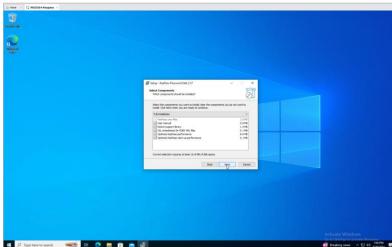


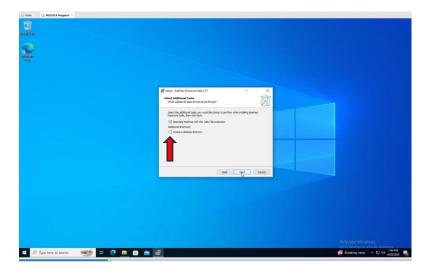
Leave default or select a directory where to install the program.

Select program extras by putting a tick or unticking next to the extras.

Tick both boxes and click next.



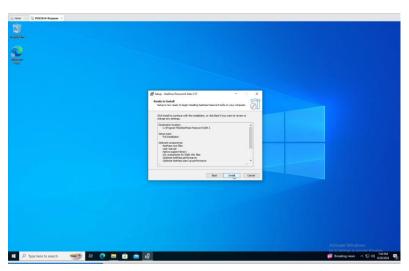


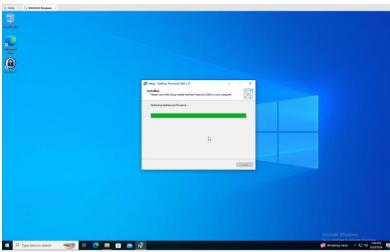


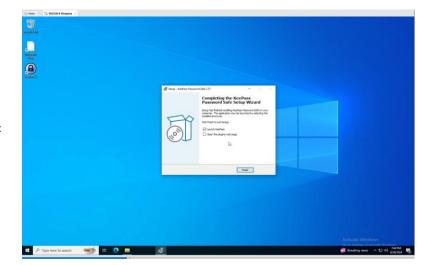
Review the settings and then click the install button to start the program installation.

Installation box.

After installation this box will come up either select both boxes or just the launch keepass and click finish.



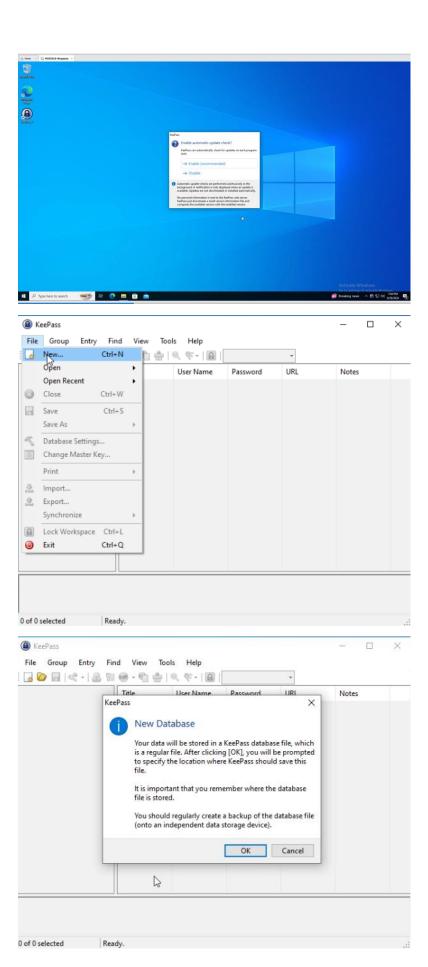




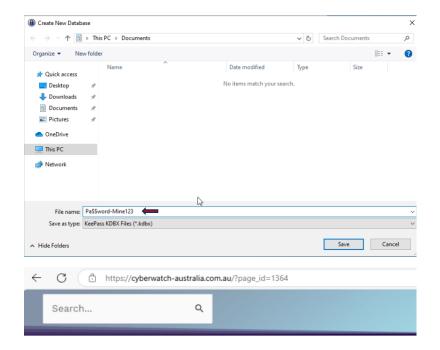
Enable or disable automatic updates. (This is a personal choice we recommend enable)

Build the password database, click on file then new.

Click ok on the warning box.



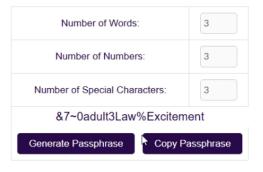
Give the database a file name and click save

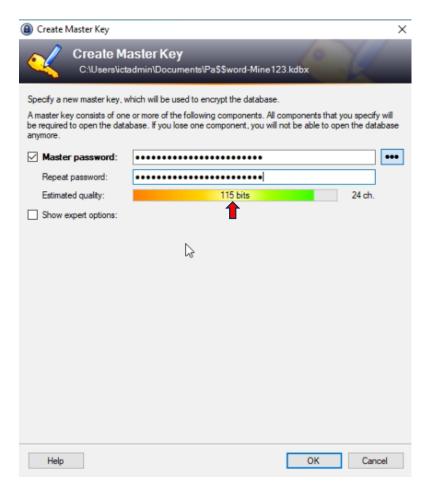


The more secure alternative to passwords are called passphrases. Pa makes them more difficult to guess but simpler to recall. Usi

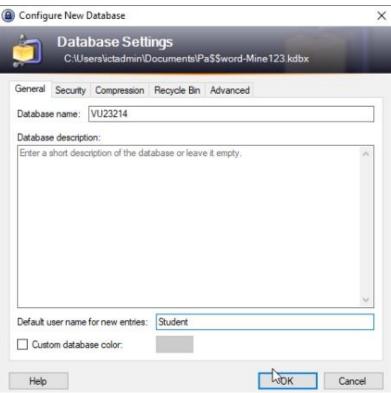
We advise people to use a passphase Generator for the next step. (Copy and store your passphrase in a safe location)

Passphrase Generator





Enter a password and the password meter will show the password strength if it is not 100% you can't click ok. Click ok when done.

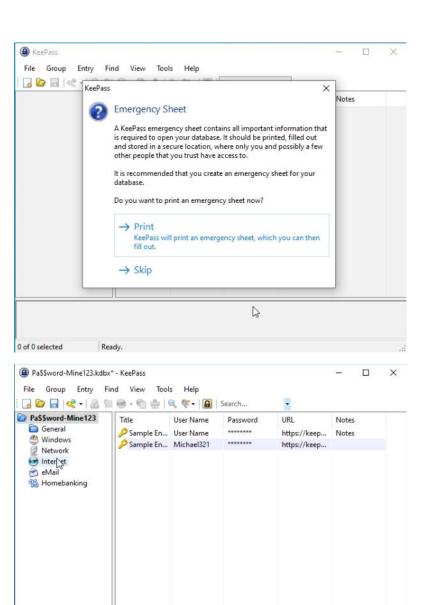


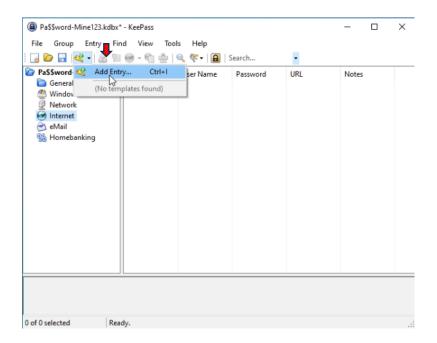
Add a database name and user and then click ok.

Print or skip the emergency print out sheet for your information.

Add login information for a website by going to the left panel and selecting internet.

Then click on add entry



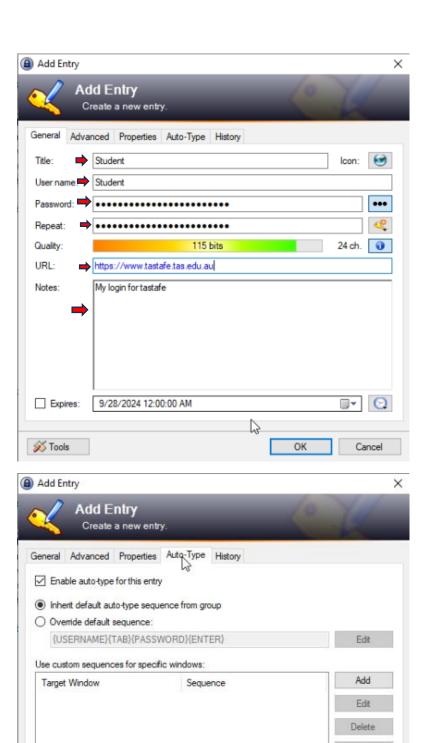


0 of 2 selected

Ready.

Fill in all the fields with red arrows. (You can add an expiry date if you wish)

Select the Auto-Type tab and enable it and then click ok.



☐ Two-channel auto-type obfuscation What is this?

X Tools

More

Cancel

OK

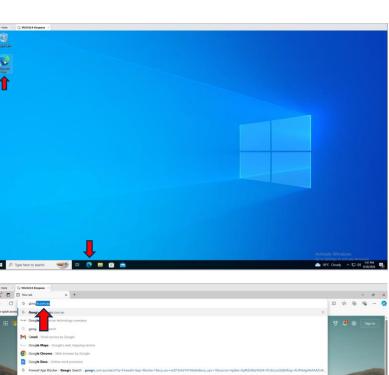
Firewall App Blocker:

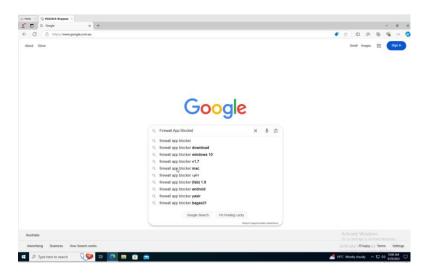
The default Rules of Windows Firewall are not altered by Firewall App Blocker. It is possible for third-party security software or firewalls, such as Avast, to disable your Windows firewall. You can manually disable the rules for Ms Edge and related Microsoft products in the advanced Windows firewall settings if you do not want them to access the Internet in White List mode. Only when your Windows Firewall is turned on can Firewall App Blocker function as intended.

Open your web browser.

In the address bar type in google.com. (Ot click this link goolgle.com.au)

Do a search for Firewall App Blocker.



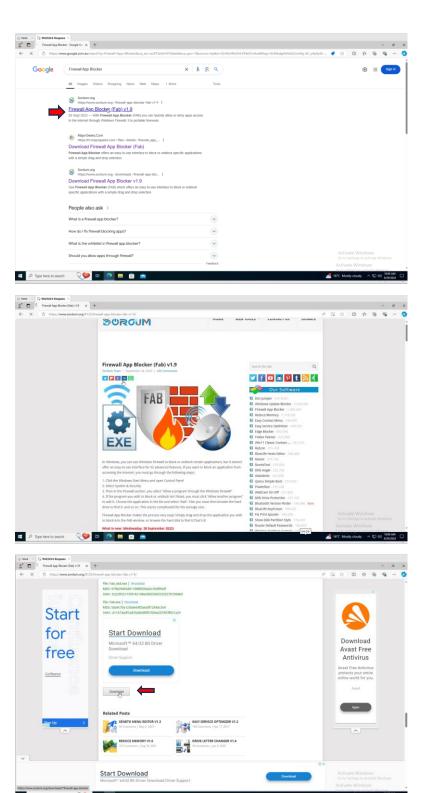


Do a search for Firewall App Blocker click the top link.

(Or go to https://www.sordum.org/8125/firewall-app-blocker-fab-v1-9/)

This is the homepage.

Scroll down the page until you see the download now button in grey and click on it.



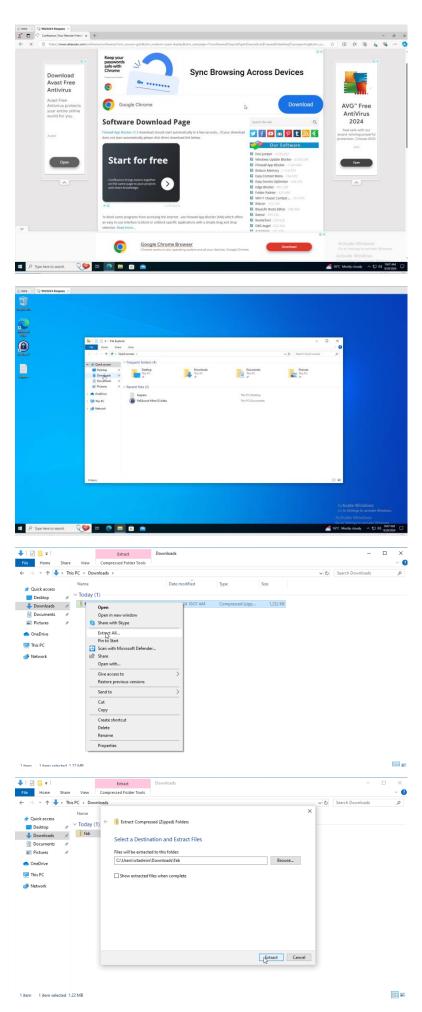
You will be redirected to another page and the download will start automatically.

Open the file explorer and click on the downloads folder on the left side.

Right click the file and go to extract all.

In this dialog box you can select show extracted files when completed, then click the extract button.

(I normally untick it)

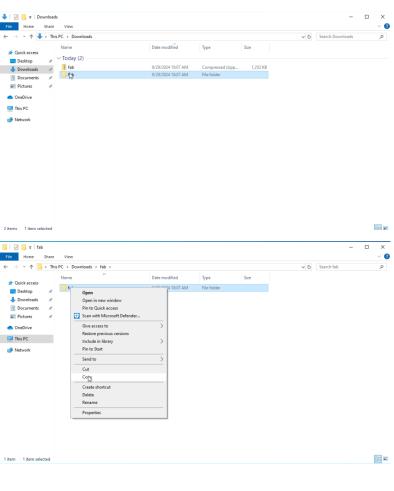


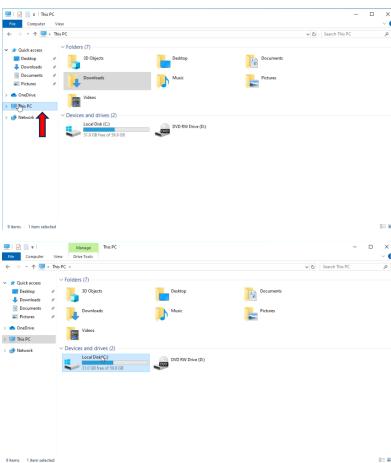
When extracted open the unzipped file.

Inside you will see a fab folder, right click it and copy this folder.

Click on this PC in the left menu.

Double left click on the C drive to open it.



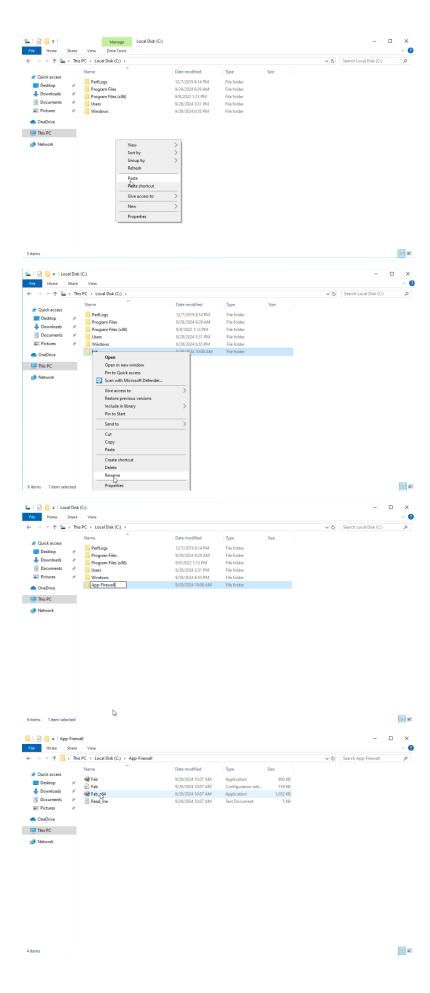


Paste the folder into this drive.

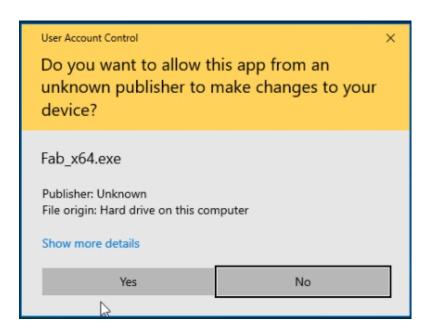
Rename the folder.
(you don't have to rename it if you don't want to)

I use App-firewall.
(This is a personal choice what you name it)

Open the folder and select either 32Bit or 64Bit application.
(I used the 64Bit application)



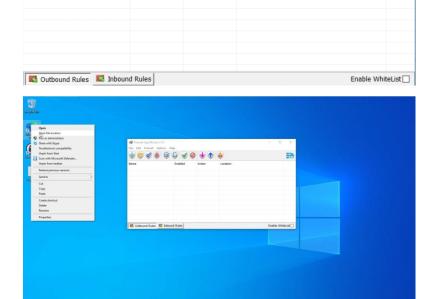
Click yes on the UAC box to allow the application.



Firewall App Blocker v1.9

File Edit Firewall Options Help

The application is now open.



Location

Now right click on the Microsoft edge shortcut and select open file location and click it.

Delete Pictures Right to left Reading Show Unicode cont Insert Unicode cont OneDrive This PC Select the location in the address bar and copy it, then close the box. Network Open IME Reconversi 7 items 1 item selected 3.61 MB Firewall App Blocker v1.9 Filedd Editolic Firesmall Options Name Enabled Action Location Make sure the outbound rules are selected in the firewall app click the add button. Outbound Rules Inbound Rules Enable WhiteList Select Applications → ▼ ↑ 📙 « Program Files (x86) » Microsoft » Edge » Application » y さ Search Application Organize 🕶 BEE -New folder Date modified Туре 🖈 Quick access 129.0.2792.65 9/28/2024 3:44 PM File folder Desktop 9/28/2024 7:42 PM SetupMetrics File folder Downloads msedge ← 9/26/2024 4:59 PM Documents 9/26/2024 4:59 PM Application Application Pictures pwahelper 9/26/2024 4:59 PM Paste the address in the address bar and select the msedge.exe and OneDrive then click open. This PC Network File name: msedge Applications (*.exe) Open Cancel

Firewall App Blocker v1.9

Options Help

Outbound Rules Inbound Rules

Add Application

×

1 0

3,707 KB

1,066 KB 1,027 KB

X

Enable WhiteList

The application is now added to the outbound rules, now select the inbound rules.

Firewall App Blocker v1.9 Edit Firewall Options Help Name Enabled Location In the inbound rules click on add Outbound Rules Inbound Rules Select Applications ← → ▼ ↑ 🔲 « Program Files (x86) » Microsoft » Edge » Application » ∨ ひ Search Application Organize ▼ New folder Date modified ★ Quick access 129.0.2792.65 9/28/2024 3:44 PM File folder Desktop SetupMetrics 9/28/2024 7:42 PM Downloads msedge
msedge_proxy 9/26/2024 4:59 PM Application Application Documents 9/26/2024 4:59 PM Pictures pwahelper 9/26/2024 4:59 PM Application OneDrive Select the msedge.exe and then click open. This PC Network File name: msedge √ Applications (*.exe) Open Cancel Firewall App Blocker v1.9 File Edit Firewall Options Help

Name

☑ 🛇 M

Enable WhiteList

BH - **1** (2)

3,707 KB

1,066 KB

1,027 KB

Enable WhiteList [

6

The application is now added to the inbound rules.

Now open Microsoft edge.

⋘ ∺ () m ii m

Outbound Rules Inbound Rules

Enabled

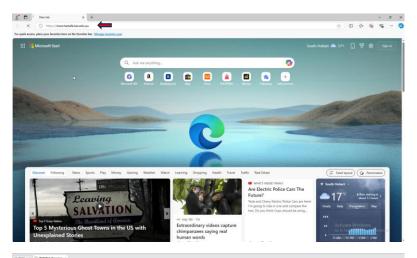
Action

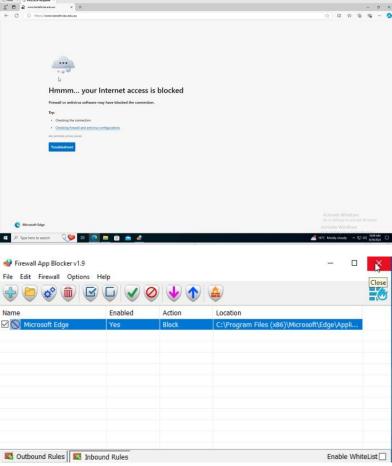
Location

When the browser opens you will get the default open screen, type in any url in the address bar and press enter.

You should now get this page, test this out by trying to go to other website all you will get is this.

You can close the firewall application down or restart the system, it will still block edge from websites.





Instructions for User Accounts, Groups, and Directory Permissions on Active Directory:

Groups:

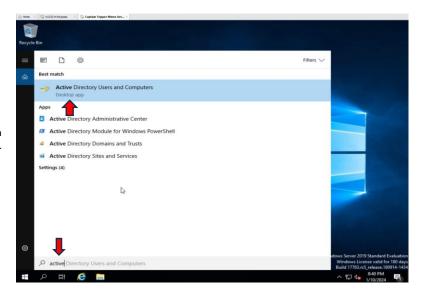
Organization	Group	Manager	Shares	Permissions
CTW-Sales	Sales Dept	Dan Pepper	Sales Dept	Sales-Full
			Accounting Dept	Accounting – R-R
CTW-Technical-Support	Tech Dept	John Thompson	Tech Dept	Full
CTW-Lab	Lab Dept	Jule Round	Lab Dept	Full
CTW-Management	Management Dept	Mark Smith	Management Dept	Management-full
			accounting Dept	Accounting – R-R
CTW-Accounting	Accounting Dept	Paul Bottom	Accounting Dept	Accounting – Full
			Sales Dept	Sales – R-R
CTW-Hr	HR Dept	Katie Thomas	HR dept	Full

Users:

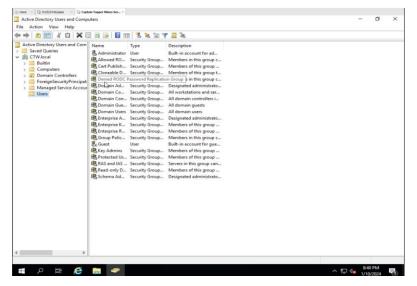
Department	User	Login
Sales Dept	Dan Pepper	dan.p
Tech Dept	John Thompson	John.t
Lab Dept	Jule Round	Julie.r
Management Dept	Mark Smith	Mark.s
Accounting Dept	Paul Bottom	Paul.b
HR Dept	Katie Thomas	Katie.t

Users and Groups on Active Directory:

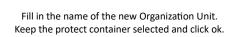
Go to the search in the toolbar and type in active then click on active directory users and computers.

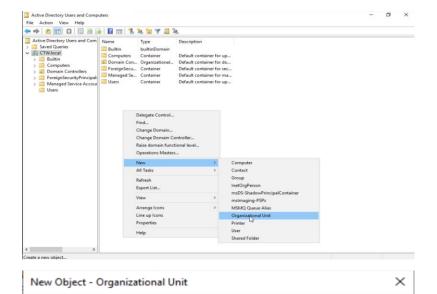


This will bring up the active directory user's and computers dialog box.



Select the domain e.g. CTW.local. Then right click in the right panel. Then select New. Then select Organization Unit and left click it.





Create in: CTW.local/

Protect container from accidental deletion

CTW_Sales

The new Organization Unit will appear in the left panel. Add the Organization Unit for each section in the company.

When you have added all the Organization Unit you require, we need to add the users.

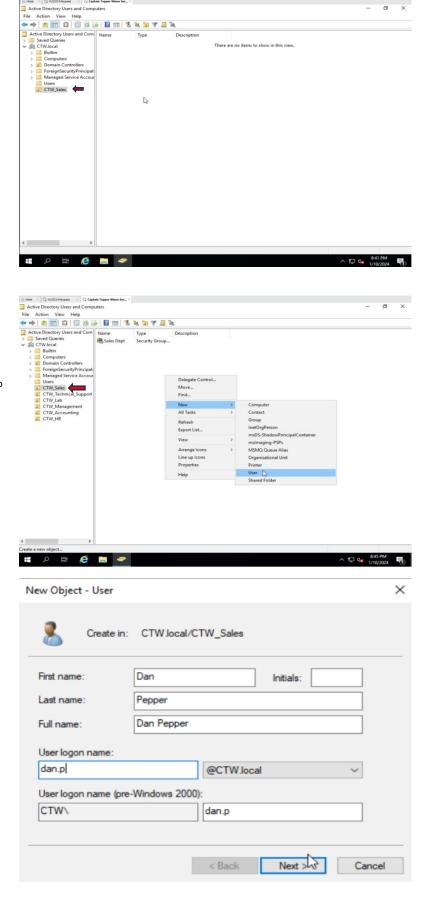
Select the Organization Unit e.g. CTW_Sales in the left panel.

Right click in the right panel.

Select the New.

Then select the User and left click it.

This dialog box will pop up.
Fill in the required fields.
With the user logon name try to keep it simple then click next.



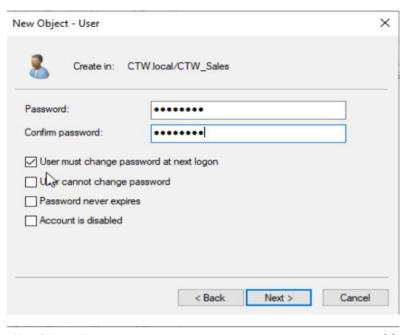
The next dialog box we set the users password, type in the password in the password and confirm password they must match.

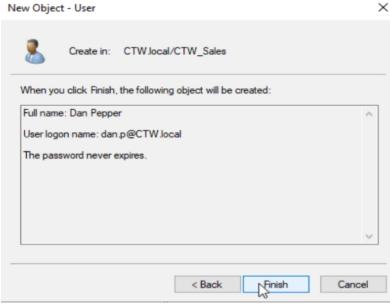
Leave the User change password selected so when the user logs on he will have to change the password, then click next.

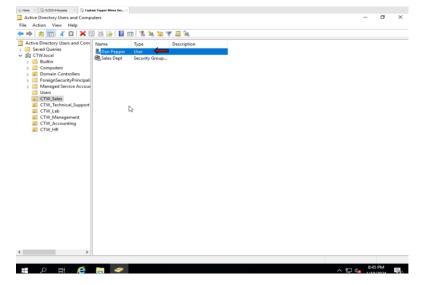
(for this demonstration we have selected password never expires)

This dialog box is a confirmation box so you can review the information, if the information is all correct click the finish button.

You will now see the user has been added to the Organization Unit successfully.



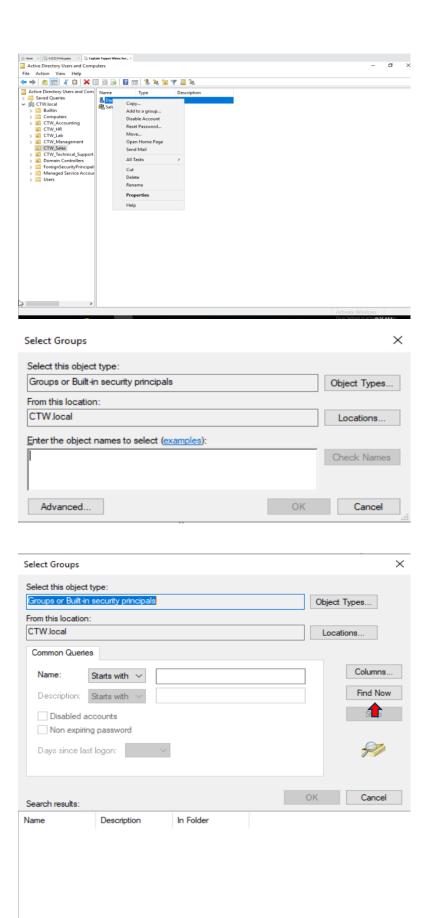


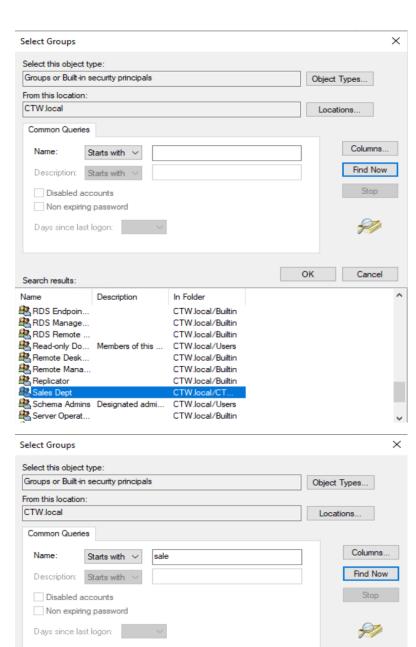


Now we can add Dan to the group he is a member of. Right click the name. Select add to group and click it.

This will bring up the select group dialog box. Click on the advanced button.

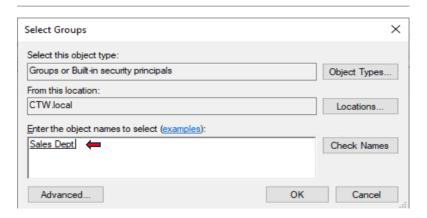
In here there are two ways of doing this.





First way Click on the find now button and scroll down until you find the group and select it and then click ok.

Second way is to type in the full group name or part of the group name and click find, it should show in the list below and select the group, if not already selected then click ok.



In Folder

Search results

Description

Name

ОК

Cancel

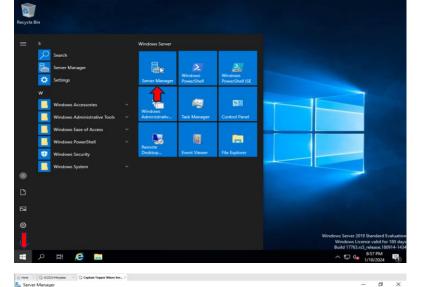
You will go back to the select groups dialog and the group will be in the enter the objects names, click ok after reviewing this.

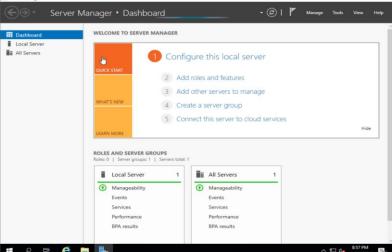
You should see this dialog box which means you have successfully added the Dan user from sales to the sales group, now click ok.



Shares and Permissions on Active Directory:

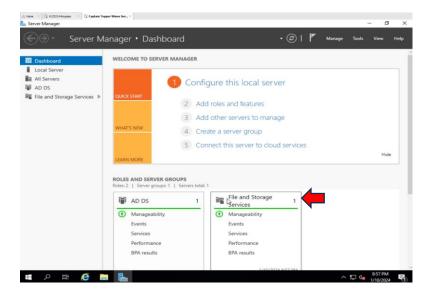
Click on the windows start icon then select Server Manager.

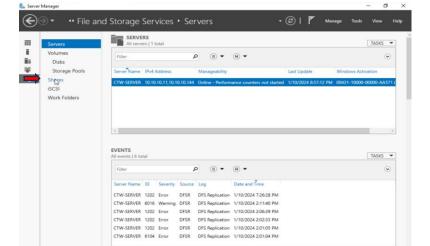




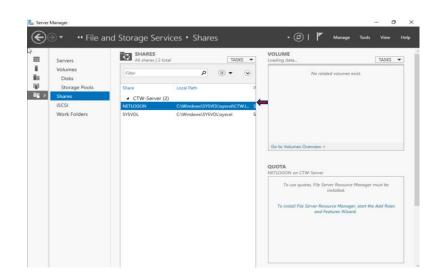
This will bring up the server manager dashboard.

ashboard find the File and Storage Services, then click in the top section.





You should now be in the File and Storage Services server dashboard. Now click on the shares link in the left panel.

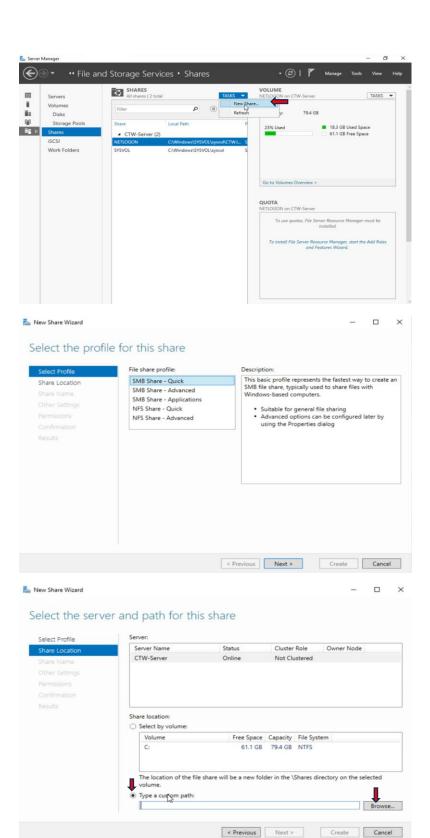


In here you can see your current shares.

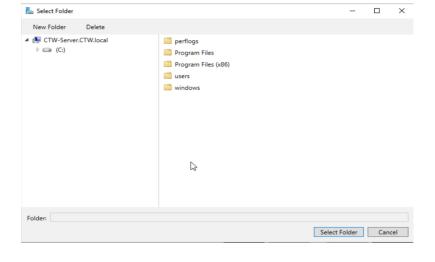
To add a new share, click on the task's dropdown.
Then select New Share.

This dialog box will pop up.
Select the share profile.
For this one we will use the SMB Share – Quick.
After you select click next.

The next dialog box we set the share location. Select the custom path, then the browse button.



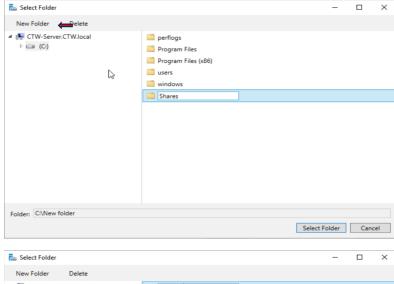
This dialog box is to make the shares folders.



Find the directory where you want the shares folder.

Then click on new folder, and a folder will pop up in the right panel.

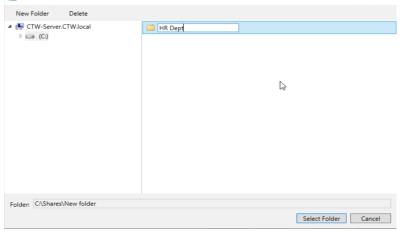
Name the folder and press enter to open the folder you have now setup the share folder successfully.



Now we can add a folder inside the shares folder.

Then click on new folder, and a folder will pop up in the right panel.

Name the folder and then click the select folder button.



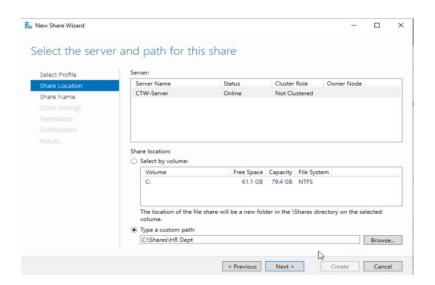
This will bring you back to the select the server path dialog box. Click the next button.

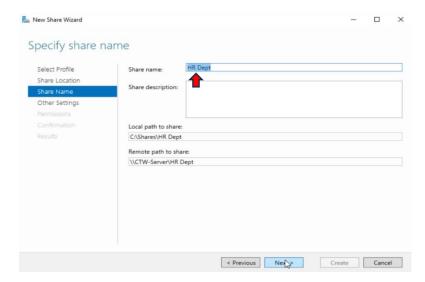
In this dialog box you can change the shares name and add a description. If you want to leave it as it is just click next

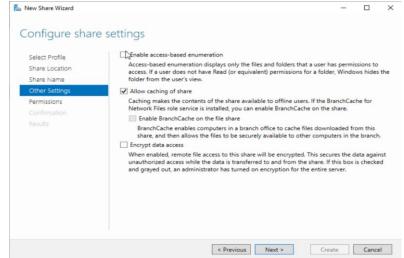
In this dialog box we can add some security settings.

Enable the access-base.

And allow Caching then click next.







In this dialog box we can set access permissions to the share. Click on the customize permissions button.

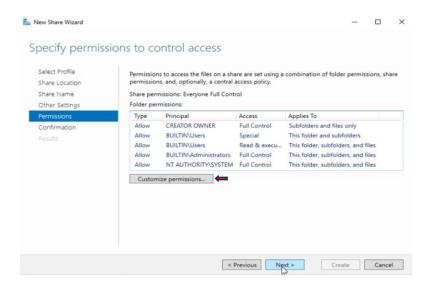
In this dialog box we can add and remove users and groups from the shared folder.

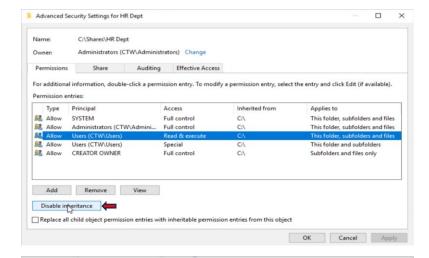
Since we only want HR to access this folder select the first user's account. $% \label{eq:continuous}$

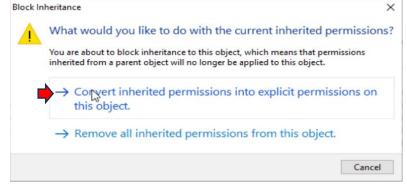
Then click the Disable Inheritance button.

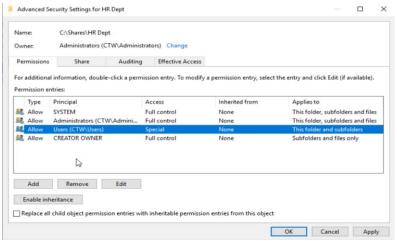
You should see the block Inheritance dialog box, click on the convert Inheritance permissions into explicit permissions.

Now select the users account and click the remove button.





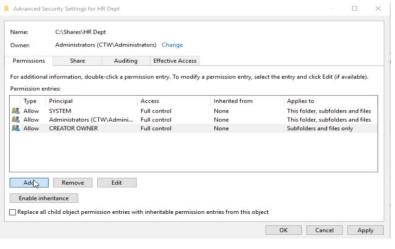


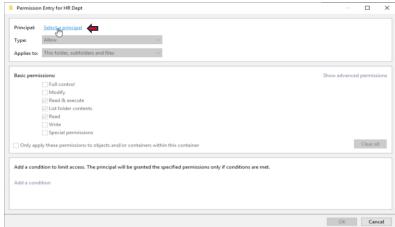


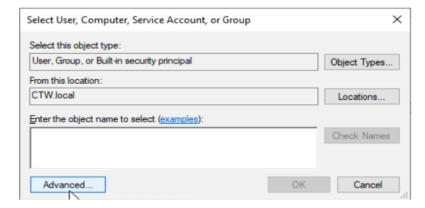
When the users account have been removed click the add button.

The permission entry dialog box should now be up. Click on the select principal link.

This will bring up the select group dialog box. Click on the advanced button.





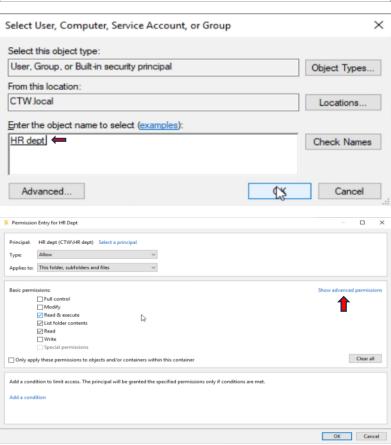


Select User, Computer, Service Account, or Group × Select this object type: User, Group, or Built-in security principal Object Types... From this location: CTW.local Locations... Common Queries Columns... Name: HR Starts with ~ Find Now Description: Starts with Disabled accounts Non expiring password Days since last logon: OK Cancel Search results: Name E-Mail Address Description In Folder HR dep CTW.local/CT.

Do a search for the group you want to add and then click ok.

You will go back to the select groups dialog and the group will be in the enter the objects names, click ok after reviewing this and make sure the group is in the object box.

In this dialog box we will now edit the permission, click on the show advanced permissions link.



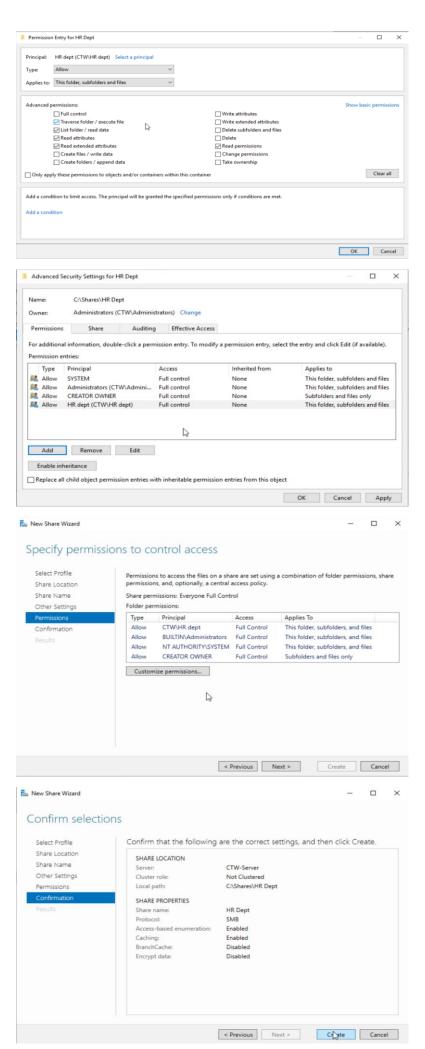
In this dialog box you will see a lot of permissions as this is for the HR manager, we will select full control and click ok.

If it was for other group we would set the permission appropriately.

Now you will see this dialog box with the HR group in the users list, now click apply and then ok.

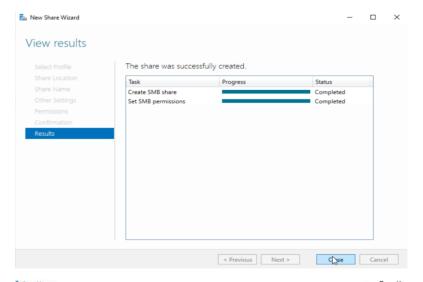
You will now be back at the new share wizard, now click next to proceed as you have now setup the use groups and permissions.

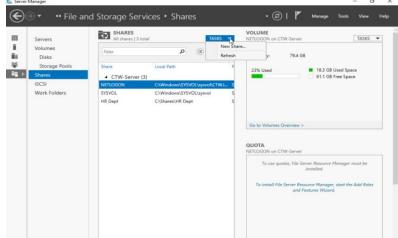
The confirm selection is your review before you make any changes. If this is all correct click the create button.



The view result should show that the share and permission have been successful. $\label{eq:constraint} % \begin{subarray}{l} \end{subarray} % \begin{subarray$

If this is not the case delete the share and redo it.
If it is successful click the close button.





As you can see the share is now in the list now you can add more shares to the server if required.

Maintenance Procedures for Hardware:

It's critical to do routine maintenance on both hardware and software components of the winery's PCs to guarantee their efficient and seamless operation. These easy steps will walk you through inspecting hardware parts to make sure they are free of dust, debris, wear, and damage. This includes cleaning guidelines that take safety into account.

Checking and Cleaning Hardware:

Mouse and Keyboard

- Unplug the mouse and keyboard from the computer before cleaning with the computer turned off.
- Check for Damage:
 - o Inspect the cable for wear or fraying.
 - Ensure keys/buttons are not stuck or broken.
- Clean Properly:
 - Use a microfiber cloth lightly dampened with a gentle cleaning solution to wipe surfaces.
 - Use compressed air to remove dirt or debris from between the keys.
 - o Do not spray liquids directly on the keyboard or mouse.
- Safety Tip: Make sure all cleaning solutions are non-abrasive and used in small quantities.





Monitor

- Unplug the monitor from the power source.
- Check for Damage:
 - Inspect the cables for any wear or damage.
 - o Ensure there are no cracks or visible damage on the screen.
- Clean Properly:
 - Use a microfiber cloth to gently wipe the screen.
 - o For stubborn spots, slightly dampen the cloth with a screen-safe cleaning solution.
 - Do not apply excessive pressure on the screen while cleaning.
- Safety Tip: Avoid using paper towels, as they can scratch the screen.



Internal Components of a PC

- Power Off and Unplug the PC from the power source before opening the case.
- Open the Case:
 - o Use a screwdriver if necessary to open the side panel of the PC case.
- Check for Damage:
 - o Inspect components like RAM, GPU, motherboard, and cables for visible wear or loose connections.
- Clean Properly:
 - o Use compressed air to blow out dust from the components.
 - Focus on areas like the fans, CPU cooler, and power supply.
 - Avoid direct contact with sensitive components, and always keep the can of compressed air upright.
- Safety Tip: Ensure the workspace is static-free (use an anti-static wristband if available) to avoid damaging components and do not turn the compressed air can upside down when using.



Winery employees may prolong the life of their hardware and ensure effective functioning by performing routine maintenance on it by adhering to these easy procedures. Frequent cleaning helps keep the PCs in the best possible working condition while also preventing hardware problems.

Updating Windows 10:

Launch VMware Workstation and click on start virtual machine. (If the virtual machine is not running)

The virtual machine will start loading windows.

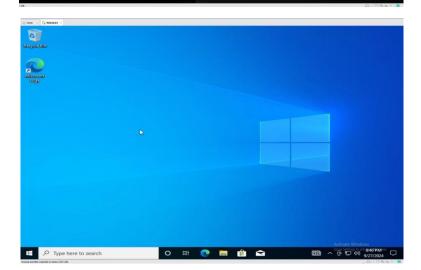




Click on the screen and press the spacebar to bring up the login screen.



Enter the password and press the enter key. ictadmin



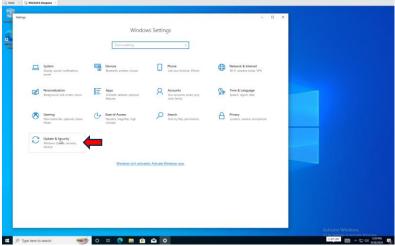
You are now on the desktop of the virtual machine.

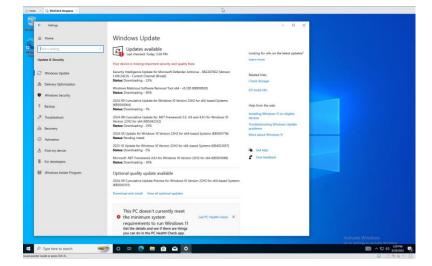
Click the start button the go to settings.

Find and click on Update and Security.

This is the update page it will start downloading the updates.





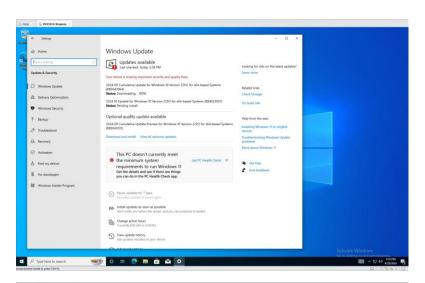


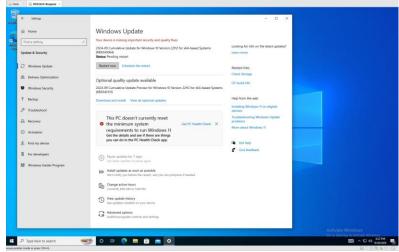
Some updates will disappear when they have been done.
(Main updates may require a reboot)

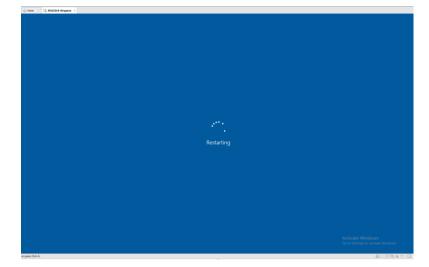
If the computer requires a reboot it will show at the end of the installation process.

Click the reboot button

The system will reboot.

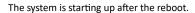






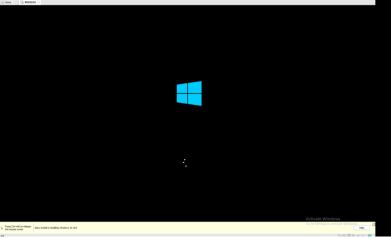
If you get this screen leave the system alone to do the preinstalls. (Do not turn your system off as it can corrupt the system)

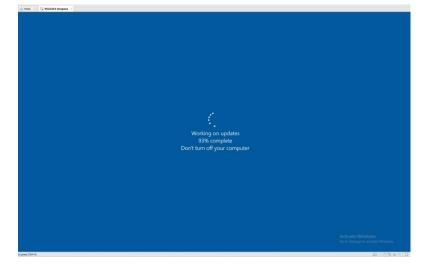
(The system will reboot after this)



The system will then go into the second stage install of updates.
(Do not turn your system off as it can corrupt the system)
(When finished it will load windows)







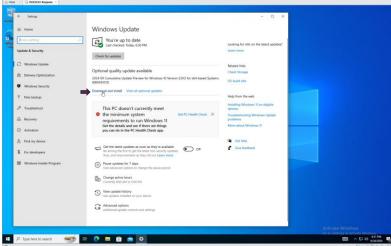
The windows updates have finished you can now log into windows.

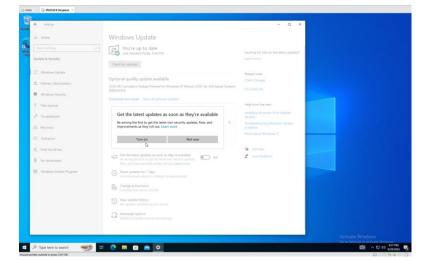
When you have logged back in go back into the updates, as there are optional updates to be done.

(Click on the download and install to get the optional updates)

Click on the turn on button.



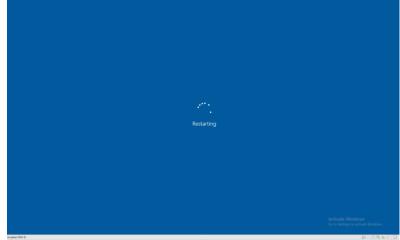




When finished you may have to do a reboot.

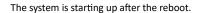
(click the reboot button if asked to reboot)

The system will reboot.



If you get this screen leave the system alone to do the preinstalls. (Do not turn your system off as it can corrupt the system)

(The system will reboot after this)

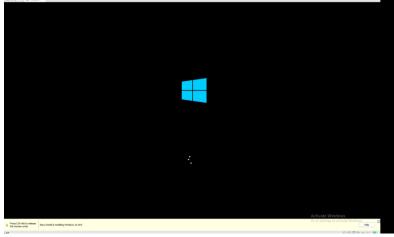


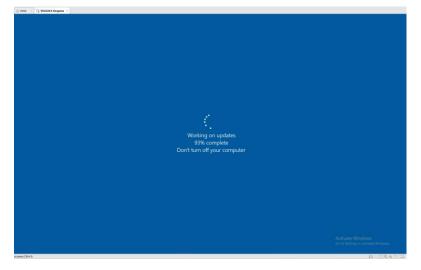
The system will then go into the second stage install of updates.

(Do not turn your system off as it can corrupt the system)

(When finished it will load windows)







6:57 Saturday, September 28

The windows updates have finished you can now log into windows.

Virus Scanning on windows 10:

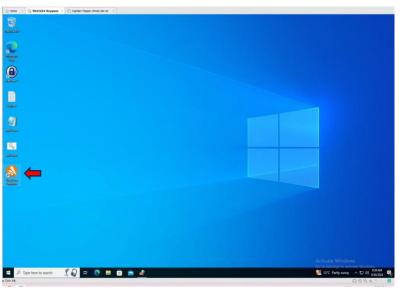
If not logged in please login, if you are already logged in proceed with the next step.

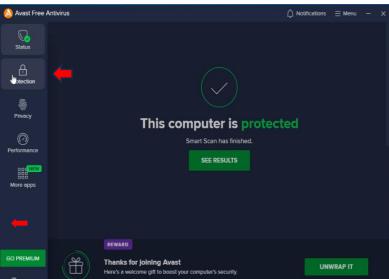




Enter the password and press the enter key.

Double left Click on the Avast desktop icon.







The Avast control center will open now click on the Protection button on the left.

There are a lot of functions in here but all we want is the Virus Scans so click on that.

This brings us to the scanning page in here you can select different scans, we want to do a Full scan so select Full Virus Scan.

Virus Scans

Here you'll find a variety of scan types, from our popular Smart Scan (to detect malware and other issues) to more specialized scans below. Learn more

Smart Scan hal hinished SHOW RESULTS

Other scans

Full Virus Scan
Scan your entire PC from top to bottom
Scan specific folders or external drives

SCAN NOW

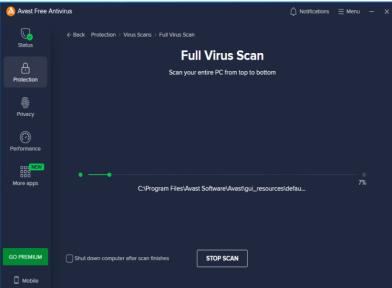
SCAN NOW

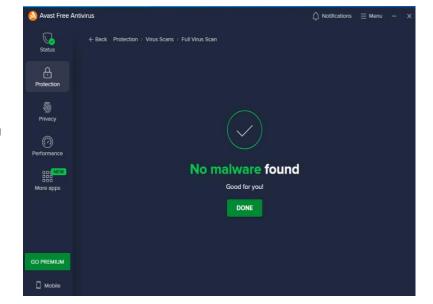
SCAN NOW

OPEN NOW

OPE

Nast Free Antivirus





The software will start scanning the system this may take a little time.

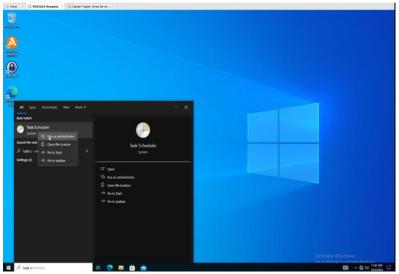
If the scan dose not detect anything you will see this page.
If it dose detect something please quarantine it and contact technical support asap.

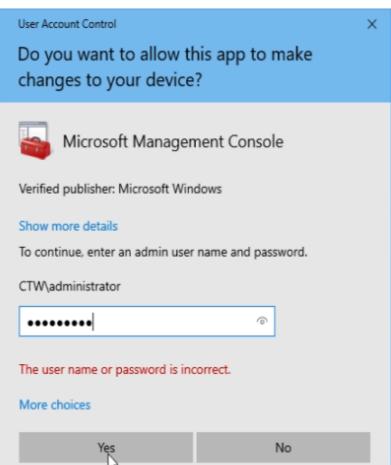
Once the scan is done close down the program it will still run in the background. $\label{eq:control}$

Schedule Automatic Maintenance on windows 10:

Disk Cleanup:

In the search type in task s and the task scheduler should show, right click on it and run as administrator.



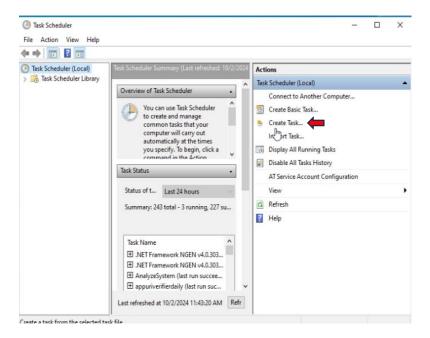


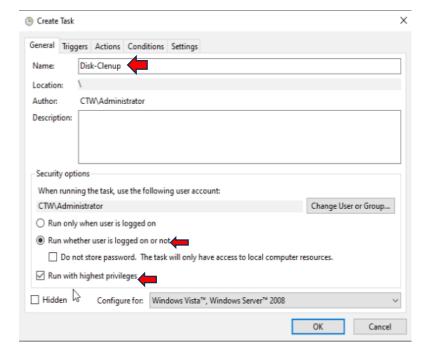
Enter the password and press the yes button.

The task scheduler will then open click on create task.

Name the task.

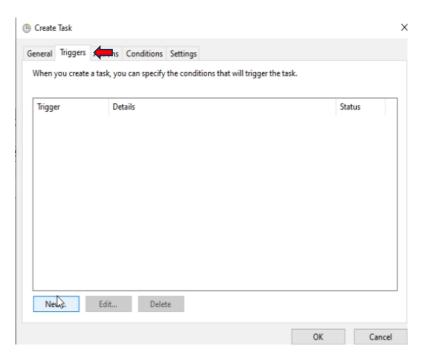
Select the run weather user is logged on or not. Run with highest privileges or it will not run.

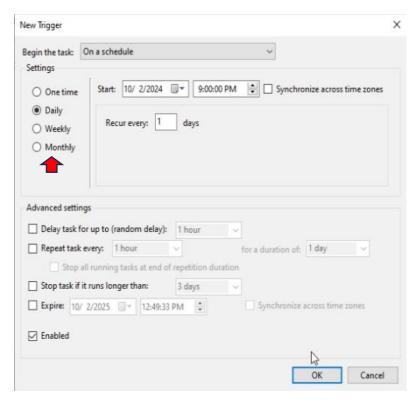




Next click on the triggers tab and click the new button.

This brings us to the new trigger dialog.
Change the time to what you require.
Set the when settings to daily, one time or weekly.
Now click the ok button and then the action tab.



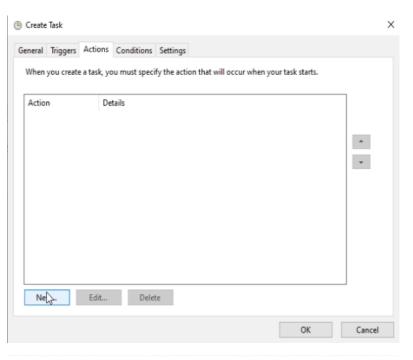


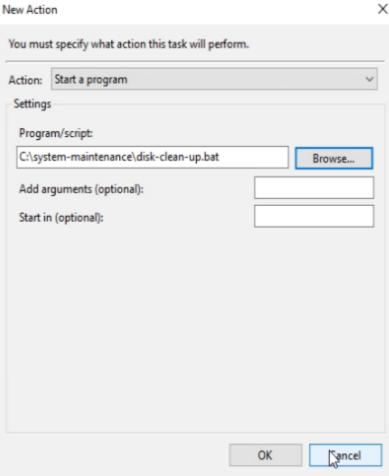
In the action tab click on the new button.

In here select the batch file location by clicking browse.

Select the file when found and click open.

Bow click on the conditions tab.



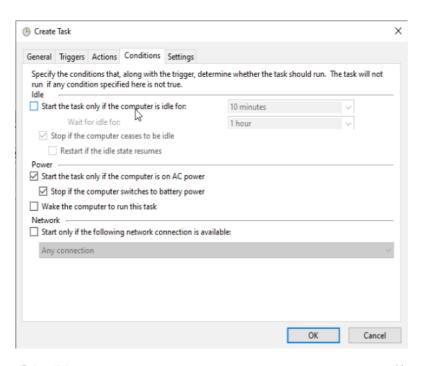


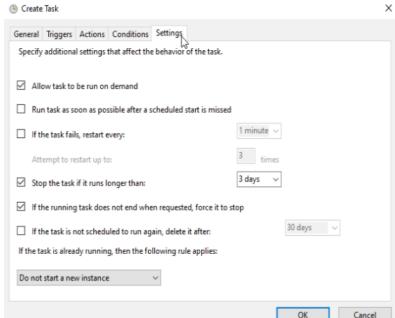
Leave as default only change if you want to set some conditions. Click the settings tab.

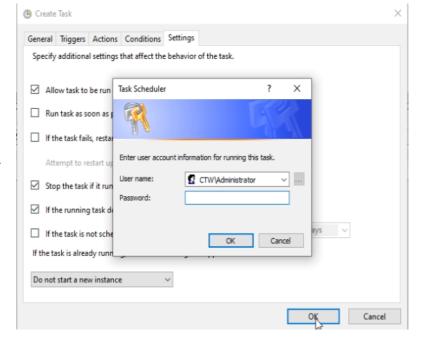
In the setting tab leave as default, and click ok.

You will be prompted for the administrator's password to apply this task.

Enter the password and click ok.



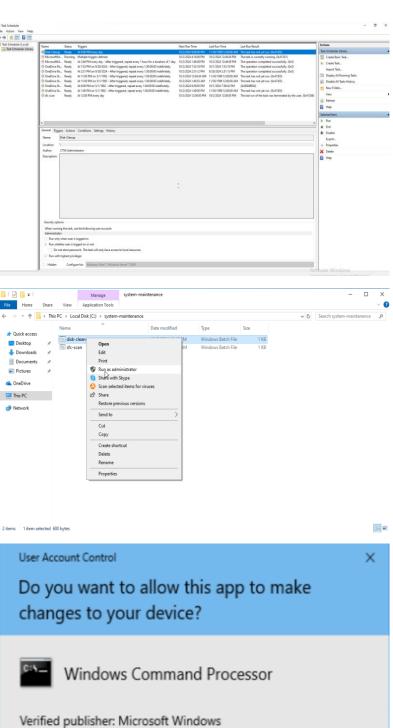


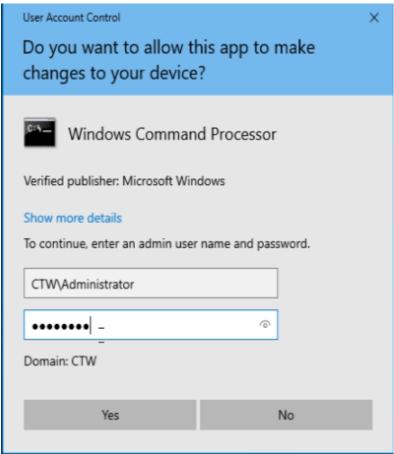


You will now see the task in the task scheduler.
This will run at midnight every day.

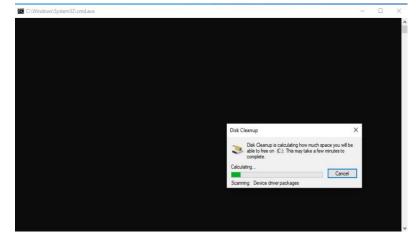
To test the script go to the file and right click it and run as administrator.

Fill in the details and press enter to start the script.





(testing the script)
The script has started and will now run.

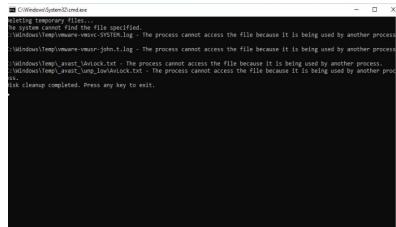


The script has now finished but we have set it to stay on the desktop.

We have done this so if there are error we can see them.

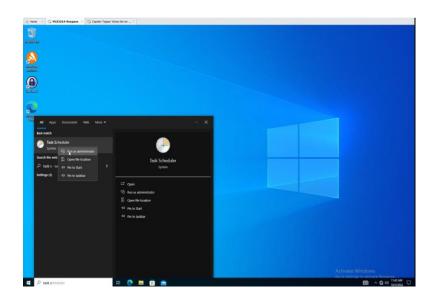
To close click in the box and press any key.

(This script will run every day at 09pm)



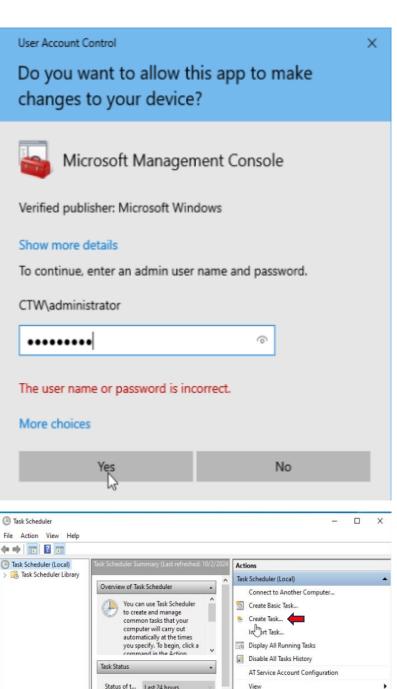
SFC Scanning on windows 10:

In the search type in task s and the task scheduler should show, right click on it and run as administrator.



Enter the password and press the yes button.

The task scheduler will then open click on create task.



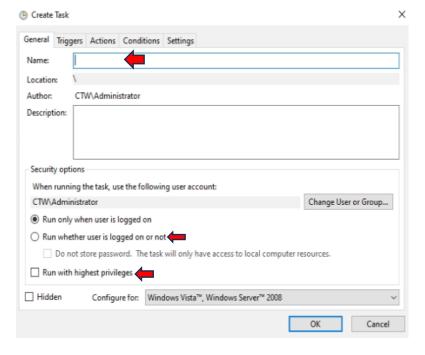
Task Scheduler (Local)

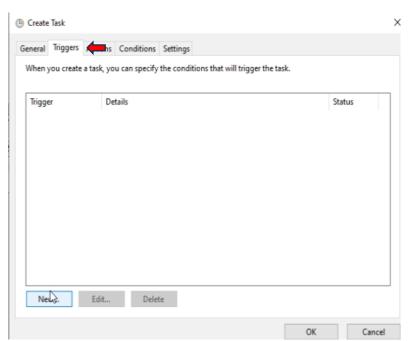
Task Scheduler Library Status of t... Last 24 hours Summary: 243 total - 3 running, 227 su... Help ⊞ .NET Framework NGEN v4.0.303... ■ .NET Framework NGEN v4.0.303... ⊞ AnalyzeSystem (last run succee... ■ appuriverifierdaily (last run suc... Last refreshed at 10/2/2024 11:43:20 AM Refr Create a tack from the selected tack file

The create task dialog box will come up here we need to make some changes.

Name the task.

Select the run weather user is logged on or not. Run with highest privileges or it will not run.

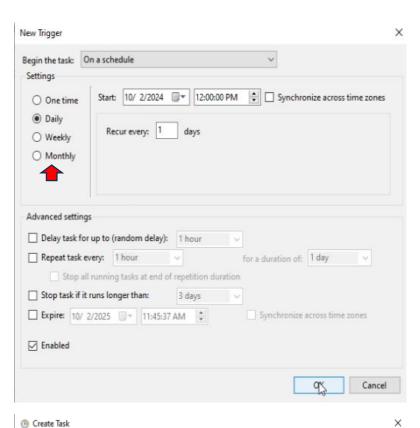


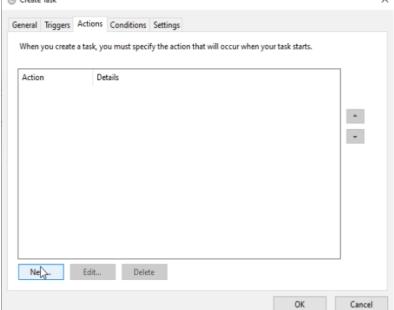


Next click on the triggers tab and click the new button.

This brings us to the new trigger dialog.
Change the time to what you require.
Set the when settings to daily, one time or weekly.
Now click the ok button and then the action tab.

In the action tab click on the new button.

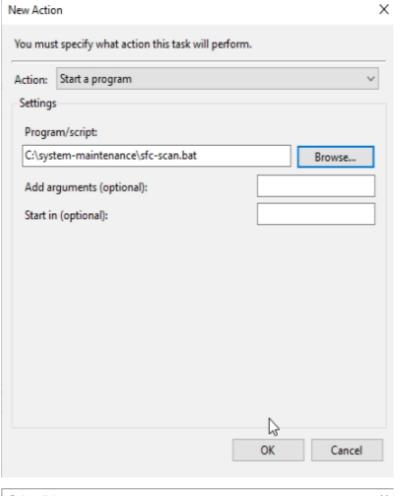


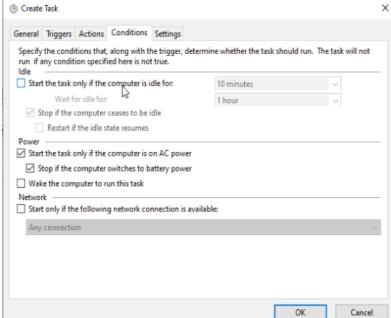


In here select the batch file location by clicking browse.

Select the file when found and click open.

Bow click on the conditions tab.





Leave as default only change if you want to set some conditions. Click the settings tab.

In the setting tab leave as default, and click ok.

Stop the task if it runs longer than:

If the running task does not end when requested, force it to stop

If the task is not scheduled to run again, delete it after:

If the task is already running, then the following rule applies:

Do not start a new instance

OK Cancel

Create Task

General Triggers Actions Conditions Settings

Specify additional settings that affect the behavior of the task.

Allow task to be run

Task Scheduler

? X

Run task as soon as page of the start of the

Enter user account information for running this task.

CTW\Administrator

1 minute ∨

Create Task

General Triggers Actions Conditions Settings
Specify additional settings that affect the behavior of the task.

Run task as soon as possible after a scheduled start is missed

Allow task to be run on demand

If the task fails, restart every:

Attempt to restart up to:

☐ If the task fails, resta

✓ Stop the task if it run

✓ If the running task de

If the task is not sche

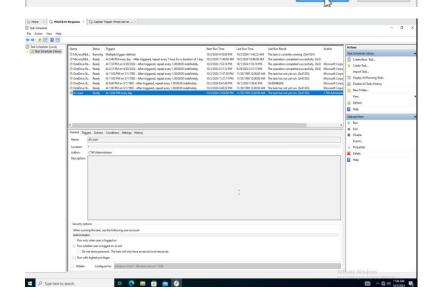
If the task is already runn

Do not start a new instance

Attempt to restart u

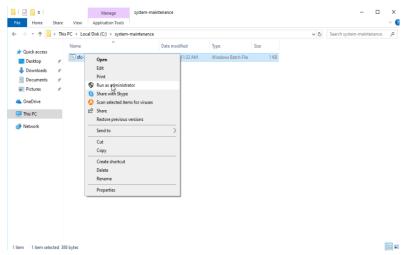
You will be prompted for the administrator's password to apply this task.

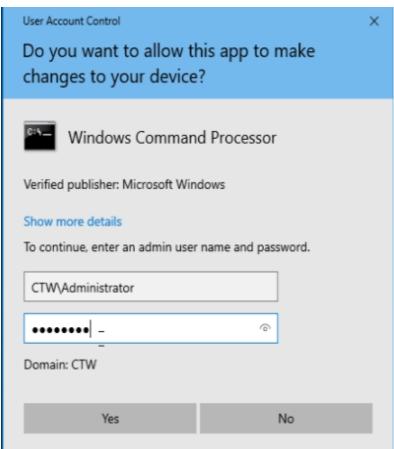
Enter the password and click ok.

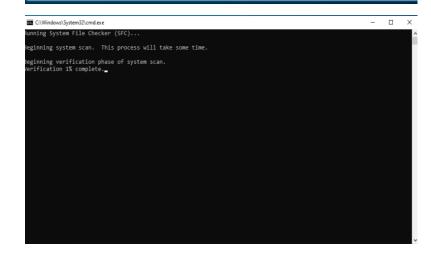


You will now see the task in the task scheduler.
This will run at midnight every day.

To test the script, go to the file and right click it and run as administrator.







Fill in the details and press enter to start the script.

(Testing the Script)

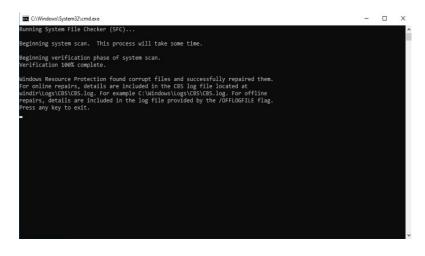
The script has started and will now run.

The script has now finished but we have set it to stay on the desktop.

We have done this so if there are error we can see them.

To close click in the box and press any key.

(This script will run every day at 12am)



Troubleshooting for common problems:

Advance users should only do this if you are unsure contact, IT Department.

PC Running Slow:

Close Unnecessary Programs:

- o Press Ctrl + Shift + Esc to open Task Manager.
- o Look for programs using a high amount of CPU or Memory.
- $\circ\quad$ Select the program and click End Task to close it.

Run Disk Cleanup and Defragmentation:

- Type Disk Cleanup in the search bar and select the drive (usually C:).
- o Check unnecessary files like Temporary Files and Recycle Bin, then click OK.
- o After cleanup, type Defragment and Optimize Drives in the search bar and select your drive.
- o Click Optimize.

Scan for Malware:

- o Open Windows Security by searching for it in the Start menu.
- o Click on Virus & threat protection and choose Quick scan.
- o If threats are detected, follow the prompts to remove or quarantine them.

PC Turns on but the Operating System Will Not Load:

Check BIOS Settings:

- o Restart the PC and press the appropriate key (F2, F10, or Delete) during startup to enter the BIOS.
- Ensure the boot order is correct, with the primary hard drive set as the first boot device.

Run Startup Repair:

- o Insert a Windows 10 installation USB/DVD and boot from it.
- Select Repair your computer > Troubleshoot > Advanced options > Startup Repair.
- Allow Windows to automatically detect and repair boot issues.

Boot into Safe Mode:

- Restart the PC and hold Shift while selecting Restart to boot into the Advanced Startup.
- Go to Troubleshoot > Advanced options > Startup Settings > Restart.
- o Once restarted, press F4 to boot into Safe Mode.
- o Use Safe Mode to uninstall recent drivers or software causing the issue.

Wi-Fi Won't Turn on in Operating System:

Enable Wi-Fi Adapter:

- Press Windows Key + X and select Device Manager.
- Expand Network adapters and look for your Wi-Fi adapter.
- o Right-click the adapter and select Enable if it is disabled.

Run the Network Troubleshooter:

- Press Windows Key + I to open Settings.
- Go to Network & Internet > Status > Network troubleshooter.
- o Follow the on-screen instructions to diagnose and fix Wi-Fi issues.

Update Wi-Fi Driver:

- o In Device Manager, right-click your Wi-Fi adapter and select Update driver.
- o Choose Search automatically for updated driver software.
- o If an update is available, it will be installed, and you may need to restart your computer.

By using these troubleshooting techniques, vineyard employees will be able to properly handle and resolve frequent PC difficulties, reducing downtime and preserving productivity. Many issues can be swiftly identified and fixed with these methods, negating the need for complex technical assistance.

Remember that you are on a domain, so you might not be able to access all of this. If so, please get help from your IT department.

Conclusion:

To sum up, this guide has given a thorough explanation of how to install a safe and working Windows 10 virtual machine on VMware Workstation. You've successfully updated and installed Windows 10, set up KeePass to securely store passwords, and strengthened system security with an application firewall. Following these procedures can provide a safe, comprehensive virtual environment that is prepared for additional use. By utilizing virtualization, you can now experiment with various setups, software installations, and network settings in a safe and controlled environment without sacrificing security.